



OPEN AGE *Mile!*

life's just begun

[Share your STORY](#)

We did it everyone! Thanks to each and every one of you!



Did you run? Did you walk? Did you ride? Did you paddle like Emma?

Whichever you did, Thank you! Thank you! Thank you!

Together we did it everyone. Open Age members, their friends and family and staff. 60 of us all together.

A few fun facts:

- Herve (Staff) ran a few one miles to make up the word O-P-E-N A-G-E (scroll through the pictures)
- Yvonne made quite a few stops feeling like a child in a playground...literally, on a trampoline!
- Teddy the dog took off into the Serpentine...having never swum before! My my...
- Gamila roped in her husband, daughter and grandchildren for a *Family Open Age Mile in the woods*
- Maria, Maggie & Perlie did a *Ladies Open Age Mile in St James Park*
- These and a few more stories are on our website <https://www.openage.org.uk/look-whos-done-it-open-age-mile>

What Happens Next?

- Anyone else fancy sharing? Share your story with us. What did you do in the end? How did it go? How long? **Send us a photo!**
- Now that you have done it, Community Engagement will do the rest! Share your story and we'll keep sharing it to get support for Open Age!
- Look out for your Open Age Mile Certificate - Woo Hoo!
- Send us your ideas for any events you, your family & friends might be interested in next year for Open Age. You can find inspiration [here](#)

Once more, **YOU** are amazing and we can't thank you enough for your participation. We are truly grateful. We'll send you an update when the Open Age Mile Campaign closes with all the final numbers (funds raised £££ and more) and a video message from our CEO, **Iain Cassidy!**

Amazing YOU

Open Age

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