

Activities for people over 50

FREE MEMBERSHIP

openage.org.uk

Charitable Incorporated Organisation No. 1160125



life's just begun

Our trips are largely organised and facilitated by our volunteers so please join us in thanking them for all of their hard work to allow us to manage our trips programme.

Trips Programme

2nd September – 13th December 2019

Booking starts: 10.00am on Thursday 5th September '19

To keep things fair, please book only 2 trips at once.

Trip Terms & Conditions

How to pay: We accept cash or a cheque, with a receipt provided on payment. Please post cheques to:

Open Age, St Charles Centre for Health & Wellbeing,

Exmoor Street, London W10 6DZ. Or hand in at your closest centre.

Notice period: At least one weeks' notice is required if you wish to cancel your place on a paid trip to receive a refund. This allows us enough time to hopefully find a replacement from the waiting list.

Confirmation of your place for a paid trip will only be final upon receipt of payment.

If you need to cancel: Members who've booked trips and then cannot come on the day must call the MAIN OFFICE as early as possible.

If we need to cancel: Sometimes trips have to be cancelled at the last minute due to health and safety. This is due to circumstances outside our control i.e. very poor weather conditions. We will try to give as much notice as possible.

Please contact our MAIN OFFICE on 0208 962 4141 to book.

Trip	Date & Time	Details	Address A travel help sheet will be provided prior to the trip	Cost	Spaces available
Wellcome Collection: Smoke and Mirrors, the Psychology of Magic	Thursday 12 th September 2pm	Join us for a trip to the Wellcome Collection. View the popular exhibit Smoke and Mirrors. Explore how our biases affect our perception and whether our senses can be hacked. Discover spirit photography, magic props and psychology experiments to see how magic works on – and in – the mind of the spectator.	183 Euston Road, London, NW1 2BE	£2	10 Westminster residents priority

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Kew Gardens	Thursday 17th September 2.00pm	A visit to one of the largest botanical gardens in the world is a perfect break from London's crowds and tubes	Richmond TW9 3AB	£2	15
Royal College of Physicians - Catch your breath exhibition	Thursday 19 th September 11am-12pm.	A 60 minute tour encapsulating RCP collections, history, and architecture.	11 Saint Andrews Place Regent's Park, NW1 4LE	£8	20
Household Cavalry	Thursday 3rd October 9.50am	See the changing of the guard ceremony which has remained unchanged for 350 years. Then view the horses in their stables and browse through historical treasures such as uniforms, musical instruments and flags	Horseguards Parade Whitehall, SW1A 2AX	£6	10
Westminster Cathedral	Thursday 3rd October 2pm	Open Age member and official Westminster Cathedral guide Kathy Kelliher will lead a 1-hour guided tour of this beautiful place of worship and mother church of the Catholic faith	Cathedral Clergy House, 42 Francis Street London SW1P 1QW	£2	20
Fashion and Textile Museum -Zandra Rhodes: 50 Years of Fabulous.	Thursday 10th October 12.30pm	This retrospective will highlight 100 key looks, as well as 50 original textiles. This comprehensive exhibition will explore five decades of the distinguished career of a British design legend.	83 Bermondsey St, Bermondsey, London SE1 3XF	£7.50	20

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Matinée performance of Youth Without God at The Coronet Theatre	Thursday 10th October 2.00pm	See a theatrical performance of Youth Without God in the beautiful surroundings of The Coronet Theatre. This bracing evocation of life under fascism is brought to the stage by Oscar-winning dramatist Christopher Hampton (Dangerous Liaisons, Atonement).	103 Notting Hill Gate, Kensington, London W11 3LB	£5	10
A Funny Thing Happened...	Wednesday 16th October 6 - 9pm	Join us for a laughter-filled evening as Open Age members perform 5-minute Stand-Up comedy routines!! Original material developed in our Stand Up for the Over 50s writing sessions. In support of Open Age	The Invention Rooms Café Door C 68 Wood Lane W12 7TA	£5 Includes light refreshments	50
Guided tour of Middle Temple Hall	Thursday 17th October 11.30am	Middle Temple Hall is probably the finest example of an Elizabethan Hall in London. Begun in 1562 when Edmund Plowden, the famous law reporter, was Treasurer of the Inn, it has remained little altered to the present day.	Middle Temple Ln, Temple, EC4Y 9BT	£8	10
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Guided tour Fitzrovia Chapel	Wednesday 23rd October 11.30 am	Visit, film, exhibit, wonder, marry, celebrate, record, listen, show, dine, be. The Grade II* listed Fitzrovia Chapel, once the chapel of the former Middlesex Hospital and now beautifully preserved and restored, is a stunning hidden gem in the heart of the city	2 Pearson Square, Fitzrovia, W1T 3BF	£2	15
Leighton House with The Reader	Monday 28th October 2.00pm	Visit to Leighton House followed by a shared reading session with the reader exploring late victorian literature	12 Holland Park Rd, Kensington, W14 8LZ	£2	15
London Mithraeum: Roman Temple	Wednesday 30 th October 2.15pm	Visit the London Mithraeum. This incredible space showcases the ancient temple, a selection of the remarkable Roman artefacts found during the recent excavation, and a series of contemporary art commissions responding to one of the UK's most significant archaeological sites.	12 Walbrook, London, EC4N 8AA	£2	15 Westminster residents priority
Frued Museum	Thursday 7th November 11.30am	This was the final home of Sigmund Freud, the founder of psychoanalysis, and his daughter Anna Freud, a pioneering child psychoanalyst.	20 Maresfield Gardens, London NW3 5SX	£6	10

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Kensington Palace	Friday 8th November 12pm	Visit to the palace with opportunity to handle historical objects from the palaces collection.	Kensington Gardens W8 4PX	£2	15
Wellcome Collection - Guided Tour of Medicine Man exhibition	Tuesday 12th November 2.30pm	Sir Henry Wellcome was an enthusiastic traveller and collector – amassing well over a million books, paintings and objects from around the world. Most of his collecting was in the two areas that fascinated him the most – health and medicine.	183 Euston Rd, London NW1 2BE	£2	10
The Jewish Museum	Thursday November 14th 11.30am	Exhibits and information to celebrate the culture and life of the Jewish people and their history from 1066 to the present day	Raymond Burton House, 129-131 Albert Street, NW1 7NB	£5	15
Kensington Palace Decoupage Workshop	Tuesday 19 th November 10am-1pm	Come and explore Kensington Palace and learn the art of Decoupage! You'll be taught two techniques taking Inspiration from the beautiful surroundings. Materials provided and no experience needed!. Tea's and Coffee's provided. You'll be also able to explore the palace yourself afterwards too!	Kensington Palace, Kensington Gardens, London, W8 4PX	£2	14 Westminster residents priority
The Charter House Museum	Thursday 21st November 11.30am	The Charterhouse has been living the nation's history since 1348. In that time it has served as a monastery, private mansion, boys school and an almshouse, which it remains to this day.	Charterhouse Square, EC1M 6AN	£12	10

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Piano Recital: Sterndale Bennett Prize	Wednesday 27th November 10am	A first on the H&F programme as we visit the Royal Academy of Music where competitors for the Sterndale Bennett prize present recitals of their choice of piano music composed between 1830 and 1860.	Angela Burgess Recital Hall, Royal Academy of Music, Marylebone Road, London, NW1 5HT	£2	14 Hammersmith & Fulham residents priority
Mary Quant at the V and A	Thursday 5th December 11.15am	From miniskirts and hot pants to vibrant tights and makeup, discover how Mary Quant launched a fashion revolution on the British high street, with over 200 garments and accessories, including unseen pieces from the designer's personal archive.	Cromwell Rd, Knightsbridge, SW7 2RL	£6	10
Guided tour of the William Morris Society museum	Thursday 12th December 11.30am	Exhibition and information on the life, work and ideas of William Morris	The William Morris Society, Kelmscott House, 26 Upper Mall, Hammersmith W6 9TA	£10	10

EVERYONE TAKES PART IN OUR TRIPS AT THEIR OWN RISK
Please be aware all our trips include using buses, tubes and trains, climbing stairs, escalators and walking from stations to venues which may involve going over uneven surfaces.
If you need extra assistance, please do arrange this for yourself and let us know when you're making a booking.