



Open Age works with older Londoners throughout Kensington, Chelsea, Westminster and Hammersmith & Fulham to create chances to get together, find work, learn new skills and develop new interests. By doing this, we help people stay healthy in both mind & body, living life to the full.

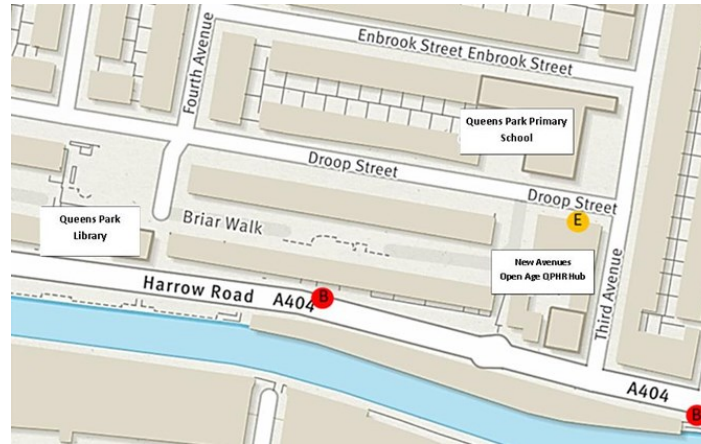
We run a broad range of opportunities and activities together with our members, across health, leisure, well-being, education and employment for people aged 50 and over to give older people the chance to live not just exist.

The Queen's Park and Harrow Road Hub based at New Avenues provides a wide range of exciting and stimulating activities for Westminster residents, at a variety of local venues. Please see our Activity Programme or trifold for full details.

Practical Considerations

- Interested volunteers are required to submit a Volunteer application form including two references.
- We can provide up to £4 for travel expenses providing volunteers bring their receipts!
- A DBS check will be required for all successful applicants however the cost of this will be covered by Open Age.

How to Find Us:



**Open Age QPHR Hub
New Avenues
3-7 Third Avenue
London
W10 4RS**

For more information call us on:

07717201791

Email us:

choggan@openage.org.uk

gbrown@openage.org.uk

Visit our website:

www.openage.org.uk



Open Age is part of the Just Add Spice: Time Credits programme. You can earn 1 Time Credit for each hour volunteering with Open Age!



Volunteer with the Open Age QPHR Hub @ New Avenues

We are looking for friendly, enthusiastic and reliable volunteers to help us run our busy activity centre for the over 50's. If you are passionate, caring and hardworking come and join our team!



Open Age is registered as a Charitable Incorporated Organisation in England and Wales. (no.1160125)

Volunteer Tutor

Are you a qualified tutor? Do you have a skill or hobby you would like to share? Or perhaps you are looking to gain more experience for a career in teaching?

If yes, this opportunity is perfect for you! We are looking for volunteer tutors to teach high quality classes to our members here at Open Age.

Role Responsibilities:

- Teaching a one hour lesson per week/fortnight during set term times.
- Providing a warm and friendly welcome to our members and assisting them with any inquiries.
- Taking payment and completing registers for the class.
- Assisting people to become members and providing them with the relevant information.

Desired Attributes or Willingness to Learn:

- Must be friendly, patient and reliable.
- Passion for working with the public, particularly the older generation.

Opportunity available: Dependent on activity schedule

Looking to volunteer, but can't commit regularly?

If you would like to volunteer but cannot commit to volunteering on a regular basis we would still like to hear from you! We are always looking for volunteers available to offer their valuable skills and time on an adhoc basis at fundraising events, parties, and other events. So if you are interested please let us know!

Volunteer Host

Role Responsibilities:

- Providing a warm and friendly welcome to our members and assisting them with any inquiries.
- Assisting people to become members and providing them with the relevant activity information.
- Answering the phone, transferring calls and taking messages.
- Any other administration duties as required.

Desired Attributes or Willingness to Learn:

- Friendly and reliable.
- Basic numeracy skills/Cash handling (Desirable)
- Passion for working with the public, particularly the older generation.



Opportunity available: Monday-Friday (Flexible)

Arabic Women's Group Volunteer

Role Responsibilities:

- Providing a warm and friendly welcome & helping people to become members.
- Providing translation support to the women with any personal queries they have.
- Supporting the tutor and members during English lessons.
- Facilitating and participating in the group throughout the session and responding to any needs as they may arise.

Desired Attributes or Willingness to Learn:

- Friendly and reliable Arabic speaker.
- Passion for working with the public, particularly the older generation.

Opportunity available: Thursday Afternoons

Film Club Volunteer

Role Responsibilities:

- Providing a warm and friendly welcome to our members when they arrive.
- Taking a register and payment from members on arrival.
- Helping to set up the room, eg. chairs & tables and equipment. (Desirable but not essential)
- Facilitating and participating in the group throughout the session and responding to any needs as they may arise.

Desired Attributes or Willingness to Learn:

- Friendly and reliable.
- Passion for working with the public, particularly the older generation.
- Basic knowledge of computers (Desirable but not essential)

Opportunity available: Monday Afternoons



Board Games Cafe Volunteer

Role Responsibilities:

- Providing a warm and friendly welcome to our members when they arrive.
- Taking a register
- Facilitating and participating in the group throughout the session and responding to any needs as they may arise.

Desired Attributes or Willingness to Learn:

- Friendly, chatty and reliable.
- Willingness to play games and enjoy socializing with members.
- Passion for working with the public, particularly the older generation.

Opportunity available: Friday Mornings

