

Thank You



Thank You



Meet Christina Culhane, Open Age Member & Volunteer

A member since 2000 and a volunteer since 2004. Award-winning, literally.

Christina joined Open Age to learn how to use a computer so she could write emails to her son and his family who had emigrated to Canada. Not long after, she was on Facebook and is forever grateful to have had the opportunity to watch her grandchildren and great grandchildren grow up from afar on Social Media.

You name it, Christina has likely done it. No role too big or small. Christina has performed so many roles at Open Age; Taking Bookings, assisting teachers with classes, Data Entry, setting up and clearing up. Always willing to support Open Age in any way she can. Her passion for Open Age is unrelenting, because in her own words **“Open Age saved my life”!**

And here's why. Christina sadly suffered a heart attack in January 2019 and spent nine weeks in a coma. She came out of the coma determined to use the skills and exercises she had learned from Open Age Activities to accelerate her recovery, physically and mentally. Christina was determined to walk again and care for herself. She credits all she learned at Open Age about a healthy lifestyle, diet and exercise as well as Ivor's positive affirmations during his IT classes, for the transformation in her health and wellbeing.

What makes Christina such an amazing volunteer is that, we couldn't keep her away. No matter how much we insisted, she was keen to return to Open Age as a member and volunteer. And when she returned, she went straight back into our Beginners IT class so she could remember all her computer skills. In no time, Christina was back in the office volunteering alongside our Office Manager Caiti.

Open Age celebrates Christina this week and always for her long-standing commitment to Open Age. Her determination to return as a member, and as a volunteer. We are grateful for her

generosity in time over the last 16 years. Christina must now stay home and we look forward to welcoming her back to our Open Age Centre when it is safe to do so.

Christina, on behalf of Open Age Members & Staff

Thank You