



Fun, food and friendly competition



Wildlife Photographer of the Year 2018



Leighton House Museum

Time for me means **TIME** for you...

February & March 2019

Belated wishes for a Happy New Year but in time to welcome the Chinese Year of the Pig!

We are sorry for the delay in getting the Winter programme out to you with a slightly reduced timetable. With a new year comes new changes, firstly I would like to introduce myself. My name is Vennetta Royal and I will be the co-ordinator for the Time for Me South Kensington and Chelsea programme. Also the days for activities will change and be run mainly on Mondays or Tuesdays with the occasional Wednesday. Hopefully you can join us, try different things and have some fun while making new friends.

Trips can be booked by calling Open Age on **020 8962 4141**. Ask for Vennetta's Time for Me Chelsea trips.

All activities must be booked in advance, but to keep things fair, please book only 5 activities at once.

Please note these activities are for unpaid carers, over 50 and living in South Kensington and Chelsea.

Monday 11th February—Science Museum at Second Half Centre. Come and learn about the science behind the everyday. Explore the fascinating world of chemistry, as a taster for our event at the Science Museum in March. Try some hands on experiments and help shape our future events! **Call Jenny or Kaidee to book 0208 962 5500. There are a few spaces left.**

Wednesday 13 February—London Mithraeum Bloomberg Space. Visit to the Roman temple built for the God Mithras around AD 240. Experience the mystery surrounding this Roman cult in the heart of London. **We will meet at the reception of Bloomberg Space, Walbrook at 2.45pm. There are 3 free tickets available. Call Vivienne Mitchell on 07824 484 984 to book.**

Monday 18th February - Leighton House Museum. Leighton House Museum is the former home of the Victorian artist Frederic, Lord Leighton (1830-1896). The only purpose-built studio-house open to the public in the United Kingdom, it is one of the most remarkable buildings of the nineteenth century, containing a fascinating collection of paintings and sculpture by Leighton and his contemporaries. **We will meet at the museum, Holland Park Road at 11am. There are 6 free tickets available.**

Tuesday 19th February - The Porchester Spa. Come and enjoy a sauna and steam, and let your troubles drift away. Sorry guys this one is for ladies only. **We will meet at the Porchester Spa at 10.15am.** Bring your swimsuit and flip flops for use of the 30 metre swimming pool if you wish. **Must Book! There are 8 free day passes available.**

Tuesday 26th February - Song Que Café - This is one of the oldest and best Vietnamese restaurants in the famous stretch of Vietnamese street food cafes in Kingsland Road, Shoreditch. Enjoy a lunch and then a stroll through Shoreditch back to Liverpool Street Station. **We will meet at Liverpool Street Station at 12.30pm. There are 5 spaces available. The project will contribute the first £12 towards your meal, you will need to pay any extra costs.**

Tuesday 5th March - Wildlife Photographer of the Year 2018 Exhibition at The Natural History Museum. Now in its fifty-fourth year, this exhibition showcases extraordinary animal behaviour and the breathtaking diversity of life on Earth. Explore the world's best nature photography, exhibited on 100 exquisite light panels. Experience the changing face of nature and uncover the surprising, and sometimes challenging, stories behind the photographs. Chosen from over 45,000 entries by expert judges, the images were awarded for their creativity, originality and technical excellence **We will meet at the Natural History Museum at 1pm. There are 6 tickets available. You will need to contribute £5 towards the cost of the ticket.**

Wednesday 6th March—Science Museum: Explore & Discover Workshop. Help celebrate the 150th anniversary of the periodic table with an afternoon delving into the wonderful world of chemistry. Explore the Science Museum collection in a new way. Discover how mistakes have led to some of the world's most colourful, life changing and loud discoveries. **We will meet at the Science Museum at 2.45pm. There are 8 free tickets available.**

Tuesday 12th March - The Porchester Spa. Come and enjoy a sauna and steam, and let your troubles drift away. Sorry guys this one is for ladies only. **We will meet at the Porchester Spa at 10.15am.** Bring your swimsuit and flip flops for use of the 30 metre swimming pool if you wish. **Must Book! There are 8 free day passes available.**

Monday 18th March - Queens London 10 Pin Bowling. Lucky strike anyone? Join us for a fun afternoon in this spanking new, competition-standard, bowling alley in the heart of London. Light refreshments will be provided. **We will meet at the bowling alley at 17 Queensway, W2 4QP at 12.30pm. There are 7 free spaces available.**

Tuesday 26th March - Putney Odeon Luxe. Come along for a morning or afternoon movie in these comfy reclining seats. Showing the most up-to-date movies, the film and time will be announced one week prior to the event. **We will meet in the foyer of the Odeon Lux in Putney in the morning or the afternoon. There are 8 free spaces available .**

We welcome your suggestions about activities or events you would like to experience

Please tell other carers you may know about **Time for Me South Kensington & Chelsea**. If you have any queries give Vennetta Royal a call on **020 8962 4141**. For North Kensington call Liz Butters on 020 8962 4536, for Westminster call Zannah Cooper on 020 8962 4536. Please remember to call and book your space for the activities you want to take part in and thank you for your time, support and participation in Time for Me.

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Kensington and Chelsea