



SILVER SUNDAY
CELEBRATING OLDER PEOPLE

SUNDAY 3rd OCTOBER 2021



SILVER SUNDAY

THE NATIONAL DAY FOR OLDER PEOPLE - 3 OCTOBER 2021

There will be some exciting events happening to mark the day. It's an ideal opportunity to visit new places, meet new people and try new things.

A number of organisations and community groups are hosting special events in their own venues and online and all of them are open to residents of Kensington and Chelsea aged 65+.

There's also a Phone Club enabling residents who are housebound to join from the comfort of their own homes.

The programme will also introduce you to activities that are on offer throughout the year. Some events hosted in Westminster are also open to residents of Kensington and Chelsea.

HOW TO JOIN IN

All events are advertised on www.silversunday.org.uk along with booking details.

If you are an older resident and are interested in joining a Silver Sunday activity, but need a bit of support in getting out and meeting new people or if you don't have access to the website, please call the Open Age Link Up team on **020 4516 9977** or email silversunday@openage.org.uk.

Silver Sunday Highlighted Partners (More to be announced)

the
DESIGN
MUSEUM SAATCHI GALLERY



@SilverSundayUK
www.silversunday.org.uk



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THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA



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INFORMATION ON LOCAL PEOPLE'S SERVICES



People First supports independent living and health for residents. The website is easy to use and packed full of useful information. Visit:

www.peoplefirstinfo.org.uk



Age UK Kensington & Chelsea is an independent, local charity working at the heart of the community to ensure older people's voices are heard, their needs are met, and the independence is supported. They provide practical and emotional support through a wide range of services.

www.ageuk.org/kensingtonchelsea

Tel: 020 8969 9105



Octavia offer a befriending service to isolated and vulnerable adults aged 50+. Individuals are matched with a volunteer befriender who visits once a week for a minimum of six months. A befriender can visit in the person's own home or provide the support needed to venture out.

www.octaviafoundation.org.uk

Tel: 020 8354 5532

For any other matters relating to Kensington and Chelsea Council, please call the switchboard on **020 7361 3000**.

