**Open Age**

**St Charles Centre for health and Wellbeing**

**Exmoor Street, W10 6DZ**

**Main Office: 020 4516 9978 (new number)**

**Team Direct Line: 020 4516 9977 (new number)**

[**www.openage.org.uk**](http://www.openage.org.uk)

**REFERRAL FORM FOR SOME OF OUR OUTREACH SERVICES - Kensington & Chelsea and Westminster ONLY** for Phone groups, Link-Up and Link-Up TecH support.

Men’s Space (Can accept referrals from any borough but bear in mind whether a client can travel)

Outreach Services are an important part of Open Ages service offer. We support people to join our Phone groups and to access our Online Activities. Link-UP is the primary route to support people to access the right service. 1-1 Link-Up TecH support is available if needed. For more information about any of our tailored support services please get in touch! **Remember RBKC and Westminster only**

**Details of person being referred (Please ask permission before filling out)**

**Title:**

**First name:**   **Surname:**

**Email (If applicable): Contact Tel:**

**Other contact number if appropriate:**

**Address:**

**Postcode:**

**DOB:**

**English speaker: Yes No Main Language spoken:**

**Any other communication needs:**

**Please briefly describe reason for making referral:**

**Name of GP surgery and contact details:**

**Please state any support needs or/and health conditions.**

**Does this person have any requirements? Are there any risks we should be aware of?**

**Their specific interests, if known: (Please underline)**

**Physical activity:**

Mat based exercise including Yoga, Tai Chi, and Pilates; Stretch &Tone, Boxing Fitness, Walking Football, Dance, Seated Exercise, Steady & Stable for Balance, Bone Density Workout, Healthy Lungs.

**Social, creative and study activity:**

Discussion social groups, Music, Singing, Foreign languages, Literature, Poetry, Creative Writing, IT, Computers, iPads, Smart Phone Courses, Arts & Crafts, Drama & Theatre, Art History, Walks, Current Affairs, Philosophy, International Cooking.

**Technological skills and connectivity:**

It is helpful to know if the person has use of Wifi and has a device

**Other - not listed:**

**Details of the referrer (must be completed)**

**Name:**

**Organisation:**

**Job Title:**

**Address:**

**Email:**

**Tel: Date:**

For enquiries about Link Up & Outreach Services please call or email:

**Bee Burgess – Head of Outreach and Support Services on 07741 656 481**

**Email** **bburgess@openage.org.uk**

**Emma Cohen – Link Up Outreach and Engagement Coordinator on 07741 656 478**

**Email** **ecohen@openage.org.uk**

**Please return this referral form to:** **referrals@openage.org.uk**