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| S:\Staff Shared Resources\Branding\Open Age Logo - All Formats\Open Age Transparent.pngMEMBERSHIP FORM Please complete and return this form to us at the below email or address:Open Age, St Charles’ Centre for Health & Wellbeing,Exmoor Street, London, W10 6DZ or Email to: mail@openage.org.uk [WWW.OPENAGE.ORG.UK](http://WWW.OPENAGE.ORG.UK) Tel: 020 4516 9978registered charity no. 1160125 |
| All information contained in this form is strictly confidential. The information provided may be used to create anonymous statistics for funders to show Open Age activities reach a variety of older people of different ages and backgrounds, and without this information, activities may not be funded. Please ask a member of staff or go to our website [WWW.OPENAGE.ORG.UK](http://WWW.OPENAGE.ORG.UK) to view our GDPR and Privacy policy. |
| **\*First Name**  |  | **\*Surname**  |  |
| **Known as (If different from above)** |  |
| Gender  | [ ] **Male** [ ] **Female** [ ] **Other**  | **\*DOB:**  |  / / |
| **\*Address:** |  |
| \*Borough |  | **\*Postcode:** |  |
| \*Home phone: |  | **\*Mobile:** |  |
| \*Email Address: |  |
| If you have provided an email address you will automatically be added to our mailing system and receive our activity programme via email. If you do not have an email you may pick up a programme in one of our Centre’s or call us on 020 4516 9978 and we will post one. |
| **Emergency contact details:** |
| **\*Name:** |  | **\*Phone no:** |  | **\*Relationship:** |  |
| MEASURES OF PERSONAL WELLBEING |
| We are including a set of four questions that have been developed by the Office of National Statistics known as the ONS4. We are including these questions as they will give us a better understanding of the impact Open Age has in comparison to other types of organisations. This is very important to us as we hope it will allow us to make a stronger argument to new and existing partners about why they should continue to fund us. |
| There are no right or wrong answers. For each of these questions please answer on a scale of 0 to 10, where 0 is “not at all” and 10 is “completely”.1. Overall, how satisfied are you with your life nowadays?0 [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 [ ]  6 [ ]  7 [ ]  8 [ ]  9 [ ]  10 [ ]  2. Overall, to what extent do you feel that the things you do in your life are worthwhile?0 [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 [ ]  6 [ ]  7 [ ]  8 [ ]  9 [ ]  10 [ ]  3. Overall, how happy did you feel yesterday?0 [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 [ ]  6 [ ]  7 [ ]  8 [ ]  9 [ ]  10 [ ]  4. On a scale where 0 is “not at all anxious” and 10 is “completely anxious”, overall, how anxious did you feel yesterday?0 [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 [ ]  6 [ ]  7 [ ]  8 [ ]  9 [ ]  10 [ ]   |
| **personal details** |
| **What is your religion or belief?** | [ ] No Religion [ ]  Christian [ ] Buddhist [ ]  Hindu [ ]  Jewish [ ]  Muslim [ ] Sikh [ ] Other  |
| **How do you identify your sexuality?** | [ ] Heterosexual (straight)[ ] Gay [ ]  Lesbian [ ] Bisexual [ ]  Prefer not to say [ ]  Other |
| **Do you claim any of the following benefits?** | [ ]  Attendance Allowance [ ]  Housing Benefit [ ]  Job Seekers Allowance [ ]  Campden Charities Grant [ ] Employment Support Allowance [ ]  Pension Credit [ ]  Council Tax Reduction/Support [ ]  Income Support [ ]  Universal Credit [ ]  Personal Independence Payment [ ]  Disability Living Allowance [ ]  Carers Allowance [ ]  Tax Credits [ ]  Other  |
| **Eligibility for Government funding** | Have you been a resident of the UK or another country within the European Economic Area (EEA) for more than 3 years? Yes [ ]  No [ ]  |
| **National Insurance no.** |  |
| **What is your ethnic origin?** | **White** | [ ] British  | **Black or Black British** | [ ]  Caribbean |
|  | [ ] Irish |  | [ ] African |
|  | [ ] Any other White background |  | [ ] Any other Black background |
| **Asian or Asian British** | [ ] Indian | **Mixed** | [ ] White & Black Caribbean |
|  | [ ] Pakistani |  | [ ] White & Black African  |
|  | [ ] Bangladeshi  |  | [ ] White & Asian  |
|  | [ ] Any other Asian background |  | [ ] Any other Mixed background |
|  | [ ] Chinese |  |  |
| **Other Ethnic Groups** | [ ] Any other Ethnic background |  | [ ] Prefer not to say  |
| **Who do you live with?** | [ ] With others [ ]  By myself  | **Employment:****Are you….** | [ ] Retired/Pensioner [ ]  Employed FT [ ]  Employed PT [ ] Unemployed [ ]  Not in paid employment & looking for work [ ]  Not in paid employment & not looking for work |
| **Are you an unpaid carer?** | **.. If so what is your relationship to the cared for?**[ ] Partner/Spouse [ ] Parent[ ] Child [ ] Sibling [ ] Friend[ ] Other  | **Would you like to volunteer for Open Age?** | .. if so in what capacity?Eg. Admin, Trips, Café. Activities. |
| **MEDICAL DETAILS** |
| **Tick any medical conditions or disabilities that your Doctor has diagnosed** |
| [ ] Asthma | [ ] Heart condition | [ ]  Osteoarthritis |
| [ ] Behavioural difficulties | [ ] High blood pressure | [ ]  Osteopenia |
| [ ] Cancer/Remission | [ ] Hip replacement | [ ] Osteoporosis |
| [ ] COPD | [ ] Knee replacement | [ ] Parkinson's |
| [ ] Dementia | [ ] Learning difficulties | [ ] Rheumatoid Arthritis |
| [ ] Diabetes | [ ] Long COVID | [ ] Shoulder replacement |
| [ ] Dyslexia | [ ] Low blood pressure | [ ] Stroke |
| [ ] Dyspraxia | [ ] Mental ill health | [ ] Visual impairment |
| [ ] Emotional difficulties | [ ] Migraine | [ ] REGISTERED DISABLED |
| [ ] Epilepsy | [ ] Mobility Issues | [ ] Any other condition, illness, injury or disability (please specify) |
| [ ] Hearing impairment | [ ] Multiple Sclerosis |  |
| Have you had a Fall in the last 12 months and would you like to be contacted by our Steady and Stable (falls prevention exercise) team? [ ]  |
| If you have ticked any of the disability or health information above, or you have had RECENT SURGERY please check with your GP that they approve of you attending your preferred classes. By signing this form, I confirm that I have revealed to the best of my knowledge, anything that may affect me during or as a result of exercise and that my participation in any exercise session is entirely at my own risk. |
| **GP contact details:** |
| Surgery name: |  | **Phone number:** |  |
| Address |  |
| **NHS No.** |  |
| **Were you referred to us by any of the following?** | [ ] Open Age - Link-Up Team [ ] Open Age - TFM (Time For Me) [ ] Open Age - Men's Group [ ] Open Age - ACL (Adult Community Learning) [ ] MCMW (My Care My Way) [ ] Social Services[ ] Housing services [ ] GP/Health Services [ ] Homeless Charities [ ] Community Mental Health Teams [ ] Grenfell Health & Wellbeing service [ ] Other (Please specify) |
| DATA PROTECTION DECLARATION |
| I understand that Open Age will store this information in a database that will be available to Open Age staff, tutors and volunteers for the purpose of providing activities and managing my membership. In an emergency, the information may be used to contact the person nominated. If you would like to receive future marketing relating to fundraising events and updates about Open Age by Email please opt in below:Opt in [ ]  Opt out [ ]  |
| Signature  |  | Date |  |