*Please note: This form may open in “Protected view” which means you cannot edit it. If so, please click on the “Enable editing” button at the top of this page.*

**Volunteer Application Form**

Registered Charity No. 1160125

Open Age, St. Charles Centre for Health & Wellbeing

Exmoor Street, London, W10 6DZ

020 4516 9978 [www.openage.org.uk](http://www.openage.org.uk)

First Name:

Last Name:

Address:

Telephone: Home Mobile

Email:

How do you prefer to be contacted? (tick/type yes next to your preference)

Home phone Mobile Email No preference

**Be Active Programme**

The Be Active Programme is a 9-12 week programme to support a 60+ person’s mobility through encouraging them to meet their activity goals and prescribed exercises; training is included.

How did you hear about Be Active:

Please state why you would like to volunteer with Be Active:

If you have any qualifications, training and/or previous work experience (this could be volunteer work or paid employment) relevant to this role please describe briefly:

Do you speak any languages in addition to English? If so, please let us know which languages and how comfortable you are (particularly speaking/listening).

What days/hours are you available to volunteer?:

This programme may take place in and around the person’s home. Please indicate below which areas you would be able to volunteer in (tick/type yes next to as many as apply):

North Kensington (e.g. Ladbroke Grove, Notting Hill, etc.)

Central & South Kensington (including Earl’s Court)

Chelsea

North Westminster (e.g. Queen’s Park, Westbourne, Paddington, etc.)

South Westminster (e.g. Pimlico, Westminster, etc.)

No preference – can go anywhere

**Referees**

Please give the name and address of two people who will act as a referee for you (The referees should not be relatives.)

Name:

Relationship to you:

Email:

Address:

Telephone:

Name:

Relationship to you:

Email:

Address:

Telephone:

Your Signature: Date:

Please return form to: [beactive@openage.org.uk](mailto:beactive@openage.org.uk) or post to Be Active at Open Age (address at top of this form). For more information about how we process and retain your data please email: mail@openage.org.uk