

## **Senior Clinical Exercise Specialist: Heart and Lung Health**

**Salary:** £30,500

**Hours:** 35 hours per week until December 2026 with potential to extend subject to funding being available.

**Location:** St Charles Centre for Health and Wellbeing (W10 6DZ). Travel to other community venues and Open Age sites will also be required with occasional home working when the role permits.

**Line Management:** Head of Physical Activity

**Working with:** Physical Activity Team; Project Staff; Open Age Service Users

Open Age is seeking a proactive Senior Clinical Exercise Specialist who is passionate about working with older adults to improve heart and lung health outcomes. They will play an important role in coordinating a community-based health programme engaging Black Caribbean and African older adults in Kensington and Chelsea, working in partnership with our three local organisations (WAND UK, Pepper Pot and 50+ Eritrean). The role would suit an enthusiastic candidate who enjoys a mixture of programme coordination, partnership working and the delivery of group exercise classes (six weekly sessions). The successful candidate will have strong administration skills, excellent interpersonal skills, and be able to juggle multiple tasks in a busy environment.

The role is fixed term until December 2026, with the possibility to extend subject to funding.

### **About Open Age:**

Open Age was established in 1993 and we're now celebrating over 30 years of championing an active life for older people. Each week we run a wide range of activities for older people from our own three centres and over 40 other community venues. From boxing to ballet, baking to blogging - Open Age's array of activities improves the physical and mental wellbeing of our members.

### **What you get in return:**

You will be working in a passionate and enthusiastic team with a strong vision and ambition in striving to enrich the lives of older people.

We offer 25 days leave (pro rata) plus bank holidays and 1 extra day off for your Birthday.

Employer and employee contribution to pension in line with auto-enrolment pension requirement, 3% employer contribution.

Access to the Cycle to Work Scheme through salary sacrifice.

We are a London Healthy Workplace Award accredited and proactively invest in the health and wellbeing of employees supporting fair employment practices and a better workplace.

**Applying for this role:**

To apply for this position, please submit your CV and cover letter, outlining your suitability for this role (no longer than two pages) CV's without covering letters may not be considered.

The closing date for applications is **9am Wednesday 12<sup>th</sup> March 2025**.

Interviews will be held after the closing date/ as and when applications are submitted.

Interview dates: Week of 24<sup>th</sup> March (if not held right away).

The successful applicant will be required to undergo an enhanced DBS check.