



Annual Report 2022/2023

Registered Charity Number: 1160125

 **OPEN
AGE**
life's just begun

“

“Open Age is a lifeline for me as I live alone.

The online activities allow me to interact with others be it on zoom, and the face to face activities including their trips boost my social and personal connectivity.”

Mary Open Age member

“By attending Open Age classes I have felt less isolated. My physical and mental health have increased as has my mobility. I have made a lot of friends. My confidence has so increased that I have become a volunteer doing one of the classes for Open Age.”

Terry Open Age member

“I feel more confident and enjoy telling my friends and family what I have achieved at Open Age. The doctor wanted me to get out more, and I believe we have met that goal, by attending classes and learning so many new things.”

Cleoadene Open Age member

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Welcome from the Chair



It's the people at Open Age that make the organisation so special.

Open Age staff once again went above and beyond this year to help members live happy and healthy lives. The team ran a range of activities, both in Open Age centres and in the community, for members who were happy to take part in person. They also continued to offer online courses and events, ensuring that the deconditioning, anxiety and reluctance to engage still felt by some members post pandemic did not prevent them from getting involved.

I am proud of how staff at Open Age have adapted to this blended approach. They have done an incredible job in a time of dramatic change. It is a testament to their hard work that the number of members taking part in activities has gone up in 2022/23.

To our members, I want to say thank you for making Open Age the vibrant community it is today. Whether it's attending a party for the Coronation of HRH King Charles II, joining a wreath-making workshop or participating in one of our specialist rehabilitation programmes, the enthusiasm you have shown for Open Age's activities this year has been a joy to behold.

You are at the heart of our organisation – and you always will be.

My thanks must also go to my fellow Trustees on the Board for their expertise and guidance this year.

As Chair, I feel incredibly fortunate to work with such talented staff and Trustees, and to witness the incredible difference that Open Age makes to our members' lives.

I hope you enjoy reading about our work this year.

Best wishes

Eric Kihlstrom, Chair

A message from our CEO



This year has been Open Age's first full year of operation following the lifting of Covid restrictions. Although, in many respects, the pandemic seems a long time ago, many of our members are still feeling the effects of prolonged lockdown. For some members, the deconditioning they experienced means they are now less mobile, whilst others still feel anxious about returning to group activities and events.

To make sure no one feels left behind by the pandemic and the challenges it has caused, we have once again taken a flexible approach this year, focussing on our outreach and support services as well as continuing to offer online activities.

As a result, we have seen more members returning to Open Age than we did last year – I can't tell you how lovely it is to see so many familiar faces again – and we expect that trend to continue into 2023/24.

Whether they are past members, present ones or members we haven't met yet, everyone is welcome at Open Age.

Although the pandemic presented many challenges for Open Age as a charity, and indeed still does, it has also created opportunities for us to expand our reach. Building on our experience of supporting older people to get online during lockdown, we have led a consortium of local older people's charities to secure £300,000 to deliver DigitALL, a two-year digital inclusion project. We are excited to see the impact DigitALL is making already, and we look forward to helping more older people take advantage of the online world. You can find out more about DigitALL elsewhere in this report.

Everything you read about in the following pages has been made possible by the hard work, dedication and generosity of our staff, volunteers and funders. Together they have helped make Open Age the successful, sustainable charity it is today. I am so grateful for their support.

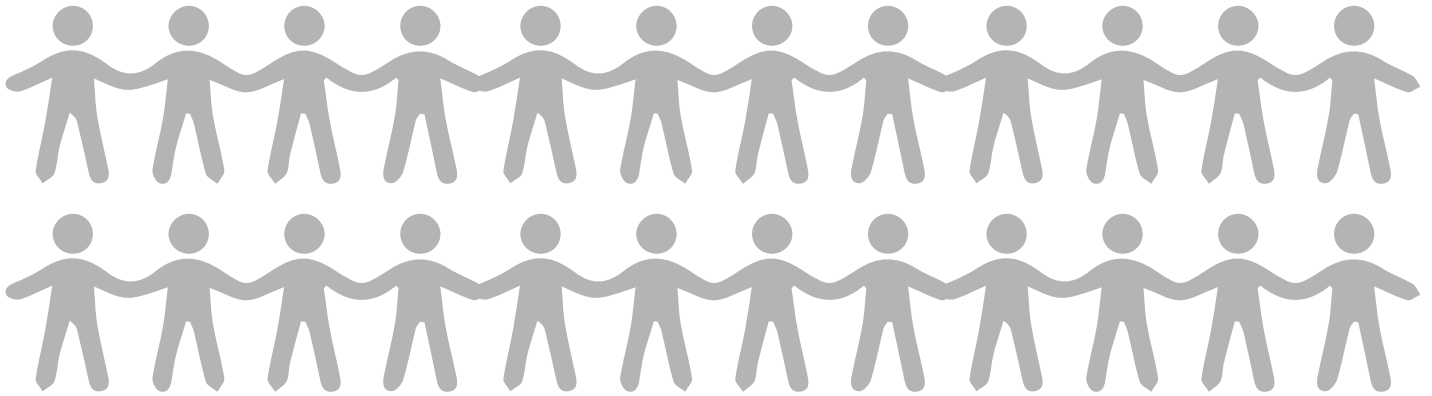
To finish, I would like to say a huge thank you to our members for being part of the Open Age community. It is such a privilege to help them live happier, healthier and more connected lives.

Best wishes

Iain Cassidy, CEO

What we achieved in 2022/2023 ● ● ●

We ran **7,163** different activities



Overall there were **50,625** individual attendances



2,469

members took part in at least one activity



506

members took part in an online activity

We delivered **1,220 hours** of Digital Inclusion classes

We delivered **1,421 hours** of online activity

Our members were ...

81% female

6% in 50s

23% in 80s

18% male

24% in 60s

5% in 90s

1% other category

42% 70s





56% of members have socialised together outside of Open Age activities



90% of members rate the quality of our tutors as good or very good



60% agree their health has improved



73% agree their wellbeing has improved



61% agree their level of physical activity has improved



34% of members agree they see their GP less



68% feel part of the Open Age community



92% of members would recommend Open Age to a friend or relative

Who We Are and What We Do

Our Vision

A world where everyone ages well and lives better for longer.

Our Mission

Open Age helps older people live happier, healthier and more connected lives.

About Us

Open Age is a member-led charity, open to anyone over the age of 50 living in London. We offer a weekly programme of low-cost, fun-filled courses at centres across west London. All our activities are led by expert tutors and designed specifically to improve the health and wellbeing of older people.

Through our Community Learning courses, we enable our members to learn new skills, rediscover old hobbies and find new ones. We help members to maintain or improve their fitness by offering fun and accessible exercise classes, as well as specialist programmes for members at risk of a fall or those with age-related conditions, such as osteoporosis. We have dedicated groups for carers, older men and members less able to leave home. And our Outreach and Support team helps people overcome any challenges they may face.

Everything we do at Open Age is led by our members. We enable them to meet new people, have fun together and feel part of a community. We're here to help them live happier, healthier and more connected lives.

Open Age centres



Second Half Centre, St Charles Centre for Health & Wellbeing, Exmoor Street, The Royal Borough of Kensington and Chelsea, W10 6DZ



New Avenues, 3-7 Third Avenue, Westminster, London, W10 4RS



New Horizons, Guinness Trust Estate, Cadogan Street, The Royal Borough of Kensington and Chelsea, SW3 2PF



St Margaret's, 1 Carey Place, Westminster, London, SW1V 2RT



“Open Age is a lifeline for me which I depend on for advice, for support and for so many of my social activities and physical activities. I do not know how I would cope without having had them in my life. They have changed my life and my quality of life overall has been improved so much by having been part of so many Open Age activities and they have made me part of my local community as without them I would be stuck at home doing nothing and feeling depressed. They have changed my life totally and have become an essential part of my daily life.”

Kathleen*, an Open Age member

*All names have been changed to protect the privacy of our members and volunteers.

Outreach & Support Services

Outreach & Support is a gateway into Open Age for lots of older people. Our Outreach & Support team runs social groups and projects that introduce people to our community in a way and at a pace that works for them.

In 2022/23 our projects were:

- Be Active, which helps people improve their fitness following an accident or illness
- Men's Space, a project that helps older men lead happier, healthier, more connected lives
- Link-Up & Link-Up Tech, which support people to overcome specific challenges
- Time for Me, which supports unpaid carers
- Phones groups, which allow members who are less able to leave home to take part in activities

Be Active Project

Be Active is a programme where volunteers are matched one-to-one with adults over 60 to support their rehabilitation exercises at home and in the community. Each participant is offered nine sessions.

After completing Be Active, members feel more independent, more active and more connected to their community.

Be Active 2022/23 in numbers




106
people
matched with
a volunteer
completed the
project




80%
of members felt
more confident
after completing
Be Active

1600+
hours of volunteer
support were
delivered



38
active
volunteers

80% of participants
met their goals
with the support
of a volunteer



Latoria's story

94-year-old Latoria lives alone in North Kensington. She was referred to Open Age following a hip replacement in December 2022.

Prior to her operation, Latoria had suffered from excruciating hip pain. She had not left her flat for three years because she could not manage the steep flight of steps up to her front door.

Thankfully life began to change for Latoria when she was paired with a Be Active volunteer called Mike.

With Mike's support, Latoria was able to navigate the stairs and they began taking weekly walks together, each one longer than the previous week's. After several weeks, Latoria and Mike decided to try catching the bus to a large supermarket. Latoria managed extremely well and the trip was declared a success.

At the end of the project, Latoria was able to move independently around her home with only occasional use of aids and she could manage the steps with just the support of the handrails. Outdoors Latoria only required a walking stick to get around. An incredible improvement.

It was not just Latoria's mobility that improved through Be Active; her mental health and connection to her community also changed for the better.

Thanks to the project, Latoria felt better in herself and began volunteering again at a local museum. She attended her first social event in four years, describing the party as a 'really beautiful evening.' And even better still, she was able to go on a shopping trip to Notting Hill, with the support of a young volunteer from the museum.

Latoria acknowledges that it is 'a hard grind to get back to normal'. She says, "I want to get well, so I push myself". That determination and persistence has paid off; at 94 she is putting those awful years of waiting behind her and looking to the future.

"I couldn't have asked for a better companion"



Men's Space

Men's Space is our life-changing project for older men. It is a chance for our members to make friends, take part in a range of activities and enjoy life.

OneYou Westminster Award

In 2022/23 Men's Space won the OneYou Westminster Award in recognition of the impact it makes to adult health and wellbeing, enabling people to make long-term improvements to their lifestyle.

At the award ceremony, Russell, our Men's Space Coordinator, collected the award accompanied by Albert who takes part in the Men's Space programme of activities. Albert spoke about the amazing impact the project has had, as well as Russell's skill at getting him involved and how appreciative he is of Open Age. He also described how the project has changed his health and wellbeing for the better.



74 men took part in Men's Space this year ●●●●●



Men's Space participant Albert (left) with Russell, our Men's Space Coordinator (right)

Reaching out to diverse communities

Part of Russell's focus this year has been to improve the way we engage with men from diverse backgrounds and cultures, and to help them connect with one another.

As the following example shows, we found that highlighting the commonalities between older men is a great way to nurture and support friendships to grow.

One of Men's Space newest members, Arthur, had lost his strength and stamina during Lockdown, which meant he was almost unable to leave home or undertake daily tasks.

Russell visited Arthur at home and encouraged him to join our Functional Fitness programme. Russell provided tailored exercises suitable for Arthur, and some approaches to daily living he could use until he feels able to join the group sessions in person. This regular exercise and support from the safety of his own home helped Arthur grow confidence, stamina and fitness.

Arthur began to feel more motivated to leave his home, and we introduced him to Albert, one of our member-volunteers, who lives just round the corner. Since then, Albert and Arthur have become friends, going out for walks together and meeting for a drink and a chat.



Arthur's life has been transformed by the support and companionship that Albert and Men's Space has provided.

This story shows the incredible difference that our member-volunteers can make to our more disadvantaged or isolated beneficiaries. They help build resilience, confidence, and open doors that may have previously felt closed to participants.

We are committed to increasing the number of volunteers like Albert. We cannot wait to see the impact they have in the future.

Link-Up & Link-Up Tech

Link-Up provides one-to-one support to people, helping them to identify their interests, overcome potential barriers and take part in fun and stimulating activities at Open Age. Link-Up refers into other organisations and services where appropriate.

For people with specific problems relating to technology, our Link-Up Tech Coordinator is here to help.

Spotlight on Link-Up Tech

This year our Link-Up Tech project helped members become more connected online by helping them with a range of issues, including how to use Zoom. We welcomed 194 members to our technology support sessions, 28 of whom had 1-1 support in their own home.

Our support enabled members to join our online courses, download the NHS Covid Passport app, renew driving licenses, and carry out a range of other vital tasks and updates. Most importantly, Link-Up Tech helped people stay connected to their friends and family.



In **2022/23**
Link-Up
supported

218

new members
in their homes,
online, over
the phone, in
our centres ●



Time for Me

Time for Me gives older unpaid carers in Westminster and the Royal Borough of Kensington and Chelsea a break from their caring duties and the chance to meet people in a similar situation.

In 2022/23 our Time for Me team ran a mixture of online classes, in-centre socials, IT courses, short visits and outings for unpaid carers. They also made over 440 calls and sent more than 680 text messages to make sure no one missed out on the activities.

“Thank you so much for yesterday’s gyoza session. It was nice and I have to say I learned something interesting. We had that for our dinner and everyone liked it so much. It was very tasty. Thank you for your tutorial.”

Andrea who took part in a Time for Me cookery session

Asking members for feedback

We ran a survey this year to gather carers’ opinions about Time for Me’s delivery of in-person and online activities. We wanted to know what we could do to make sure we were meeting their needs.

As a result of the feedback, we are now providing more opportunities for Time for Me members to meet face to face at cultural events and activities.



Phone Groups

For those members whose mobility or circumstances mean that they find joining face-to-face activities difficult Open Age run a number of free to dial-in phone groups.

In 2022/23 50 members thoroughly enjoyed a total of 198 phone groups and a small number of in-person events.

Phone group regular Rosa found a talk by Arthritis Action particularly helpful and booked a consultation with the organisation afterwards. Another Open Age member also contacted Arthritis Action following the talk.

Other visiting organisations to the phone group format included: Opera Holland Park, the Victoria & Albert Museum, Green Doctors, The Jewish Museum and The Saatchi Gallery.

The Jewish Museum led sessions entitled 'Exploring the East End and the Seaside' which really resonated with members. One attendee said:

"It has been most interesting to have the pictures and objects explained. This has been the most wonderful opportunity which has brought back memories of an impromptu visit to the oldest synagogue in the city. Thank you very much!"

The phone group format has encouraged and generated very open discussions with members reporting they feel it less intimidating than face to face.

Superbloom

The Superbloom trip was a particular highlight as Open Age has been involved with events in the lead up to Superbloom since December 2021. Our members even received wildflower seeds with planting instructions.

Our visit took place on a scorching day, with 10 members and two staff braving the hot sun. The wildflowers were simply stunning, and we took our time walking around the tower. It was a perfect opportunity to spend time together in good company.

New friendships were forged at Superbloom – long may they continue.



Physical Activities

At Open Age we run clinical exercise programmes for members in need of specialist support, as well as hugely popular exercise classes. In 2022/23 members took part in activities online, in person or a combination of both.

In December we were pleased to attend the Royal Borough of Kensington and Chelsea Sports Awards 2022. Open Age had been nominated for the Sports Organisation of the Year Award, a highly competitive category with some other outstanding organisations and charities being nominated. We were overjoyed to win the award and be recognised for the difference we make to people's lives.

Why people take part

This year we undertook our first ever survey of members taking part in physical activities. Among other things, we asked members to tell us three reasons why they take part. The top six reasons chosen were:

- It benefits my physical health
- It keeps me fit
- It's fun, enjoyable and it makes me feel good
- It benefits my mental health
- It gives me a purpose, routine and structure to the day
- It helps me manage my long-term health conditions

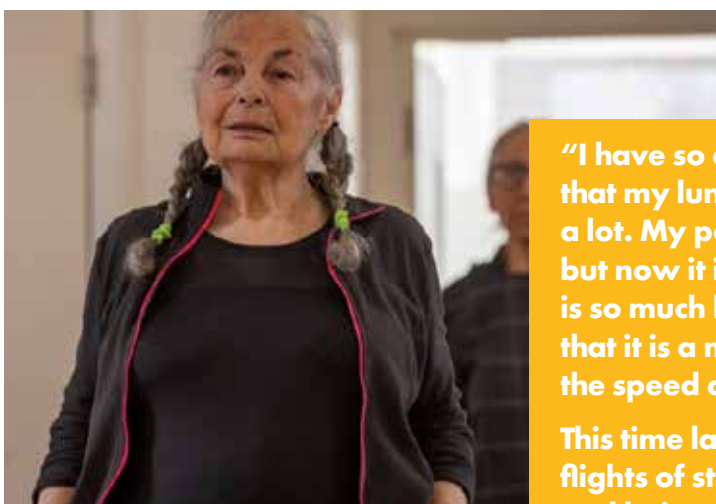
Clinical exercise

This year our three clinical programmes helped over 270 people feel happier and healthier.

Our programmes were:

- Steady and Stable, an exercise programme designed to help members at risk of a fall improve their balance and strength.
- Osteo Blast, which supports people with osteoporosis or osteopenia.
- Healthy Lungs, which helps members with long-term breathing conditions to stay well.

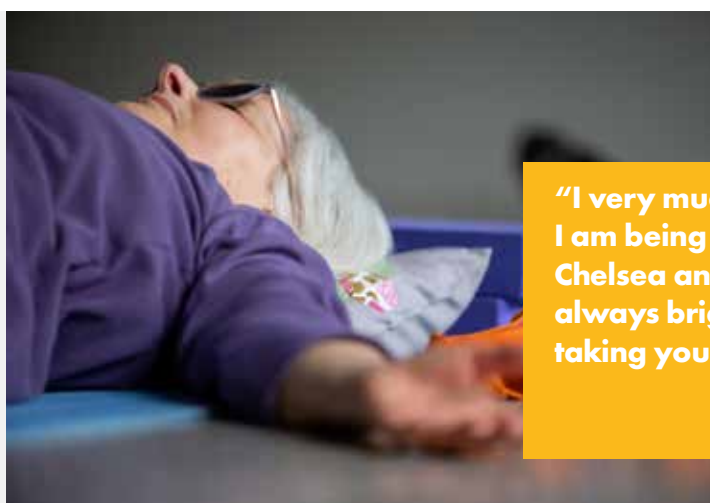
Alongside these, we worked in partnership with the Central London Community Healthcare NHS Trust to deliver a Falls Service in Brent.



"I have so enjoyed each class and I know that my lungs and breathing have improved a lot. My peak flow was always under 300, but now it is 320... My overall lung situation is so much better - my husband tells everyone that it is a miracle to see me keeping up with the speed at which he walks!

This time last year, I couldn't walk up our two flights of stairs without stopping mid-way and being very breathless at the top, and my normal walking pace was down to an old lady's pace!"

Trisha, who took part in Healthy Lungs



"I very much enjoy the Osteo Blast classes. I am being treated for my osteoporosis at Chelsea and Westminster Hospital and they always brighten up when I say that I am taking your class."

Maureen, Open Age member and Osteo Blast participant

Happier, Steadier, Stronger: Margaret's story

Margaret is 89 years old. When she first came to Open Age, she had fallen a couple of times, which had left her feeling worried and unconfident. Being less physically active also made her feel very low and more dependent on others for help.

Thankfully, things began to change for Margaret when she started Steady and Stable.

During the six months she was enrolled on the course, Margaret saw a huge improvement in her mobility, which in turn made her feel a lot more confident.

Today, Margaret no longer needs to use walking aids when she is at home. She can undertake basic chores and gardening by herself, meaning she no longer has to rely on her daughter for help.

Margaret is now happier, steadier and stronger thanks to Steady and Stable. It was a privilege to help her regain her confidence and enjoy life more.



Physical exercise classes

In 2022/23 our physical activities continued to be very popular. We ran over 90 fun-filled exercise sessions, ranging from boxing, ballet and bowls to Zumba, Pilates and so much more.

We always get amazing feedback from members who take part in our exercise classes. Here is what two of them had to say:

Ian, who is 71, told us: "Open Age classes have allowed me to feel a lot more energised in my life and as though I have a purpose. The classes are amazing for my health both physically and mentally. I specifically enjoy yoga and Pilates; the teachers are all brilliant.

These physical activity sessions have also been extremely beneficial for my social life. I have met several new friends through the community settings that Open Age is continually looking to build. **Thank you, Open Age, you have been the best thing that has happened to me in my older age!"**

74-year-old Adrienne shared: "I have been doing the online classes from Open Age since Covid, but before that I was coming to the centre. I found out that doing them online is saving me travel time as it takes me a long time to get there and back. Also, in the winter the weather is not always a good time to travel.

I exercise for my health. I don't do it every day I feel aches and pain in my legs and shoulders. As I am getting older, I notice that exercise helps to keep my body supple and not stiff, and online I can do more than one class a day if I wish.

I really appreciate the work Open Age is doing for us elderly, as without it I would be sitting at home being sick with aches and pains. Also, if I am not able to travel, I can still do the exercises I like online."

Arts, Cultural and Social Activities

Our online and in-person arts, cultural and social activities have been hugely popular again this year. Hundreds of members have taken part in events, talks and workshop. They have visited art galleries and museums, heard guest speakers from organisations such as the V&A, and enjoyed partnering with English National Opera and Chelsea Physic Garden, to name but a few.

In 2022/23 we also held an event to celebrate the now late Queen's Platinum Jubilee. Open Age staff provided the food and over 150 members enjoyed the live band who played popular music from across the decades. The dance floor was full that night!



Over
700
members
took part in
our arts,
cultural
and social
activities
this year ● ●



Over 160 members joined the fun at our Platinum Jubilee members party

Celebrating our volunteers

At Open Age, we have a fabulous team of volunteers who run the reception areas in our centres, lead on local trips and share their skills at volunteer-led workshops. Our volunteers go above and beyond to help us fulfil our mission, and we could not be more grateful.

To celebrate our volunteers and their extraordinary contribution, Open Age staff hosted a volunteer evening, with a 3-course meal and entertainment throughout the night. Fun was had by all!

Working with partners

Our partnership working went from strength to strength as the year progressed. We are thrilled to work with some amazing organisations, each as dedicated as we are to enriching the lives of older people in London.

Exploring Identities with the Saatchi Gallery

Held at The Saatchi Gallery, Open Age's 'Exploring Identities' exhibition was a follow on from the gallery's own exhibition entitled 'The New Black Vanguard', which celebrated black artists and their work exploring identities within the black community.

Following a brief, our members created a piece about themselves and their identity, using The New Black Vanguard as inspiration.

Over 20 members donated their beautiful artwork, ranging from paintings and drawings, to embroidered tapestries, to marble sculptures and lino prints. Everyone thoroughly enjoyed taking part in this wonderful event.



“Impressive artworks really interestingly presented. Very cool exhibition. 10/10 would recommend.”

Exhibition participant

Royal Institute of British Architecture Workshops

In 2022/23 Open Age partnered with the Royal Institute of British Architecture (RIBA) to offer workshops for older people focusing on architecture.

These fascinating workshops were linked to the Radical Room the Power of The Plan Exhibition, which showcased the people left out of architectural history, including women and LGBTQ+ architects and clients.

The first workshop saw members tour the Radical Room Exhibition before taking part in a creative session led by the Learning Manager of RIBA, Wilson Yau. Members had the opportunity to make their own architectural models using paper and 3D printing pens.

In the second workshop, artist-illustrator Jitesh Patel worked with members to explore the memories and places that were important to them. With this information, they created an illustrated map incorporating typography.

The last workshop was led by Colleen, an architectural assistant and artist. This digital drawing workshop sought to explore the "Ti Kay," meaning Tiny House in Creole, that are found in the Caribbean.

Across the three days, 30 Open Age members took part in workshops. Their artwork and models were displayed in the RIBA Library. We could not be prouder of our members' talent and creativity.



Our members' drawings and models on display at the RIBA Library

“So inspiring; I have had an amazing day, learning about architecture and playing with the 3D pens. Thank you Open Age. It was a splendid workshop.”

RIBA workshop participant”

Chelsea Physic Garden

We partnered with the Chelsea Physic Garden for the first time this year. They held two workshops with members to make small Christmas gifts and beautiful festive wreaths.

All the equipment, materials and the tutor were kindly provided by Chelsea Physic Garden.



Open Age member had a wonderful time making wreaths at the Chelsea Physic Garden workshop

English National Opera

The English National Opera is another exciting new partner this year. Thanks to their generosity our members have been able to enjoy 'Behind the Scenes' tours, dress rehearsals and evening performances of operas including Tosca, Carmen and It's a Wonderful Life. We are all opera fans at Open Age!

Community Learning

This year was an incredibly exciting one for Community Learning at Open Age. We ran over 40 courses each week, welcomed over 1,000 learners and launched seven brand-new courses. 88% of our courses were held in person at our centres and 12% were hosted online. Every course was led by an expert in the subject.

Community Learning explained

Funded by The Royal Borough of Kensington and Chelsea, via their Adult Learning Centre, Community Learning courses comprise two-hours of learning every week for 5-10 weeks. Unlike other Open Age activities, these are structured courses, and we ask participants to commit to completing the course. **In 2022/23 89% of people achieved full attendance.**



Over
1,000
took a
Community
Learning
course in
2022/23



Digital skills for all

In 2022/2023, 40% of our courses focussed on building and developing digital skills, enabling older people to take advantage of modern technology, connect with family, friends and organisations, and stay safe online.

We offered beginner and improver courses in subjects including how to use tablets and smartphones, and how to make the most of apps like WhatsApp.

“I have learned to be more confident and how to use different apps. I have learned to use my emails so I am very happy that I took part in this course.”

Keith, aged 83, who took part in our Beginner Computer course

Boosting wellbeing through learning

60% of our courses this year aimed to increase the health and wellbeing of older people. We ran courses ranging from lip-reading and meditation to Spanish, mosaics, watercolours and healthy eating.

"For me, the Mosaics course was about learning a new skill in a pleasant and supportive environment. Having a reason to come out and meet other people has been terrific to reduce my social isolation and have a positive outlook."

Jamal, aged 72



Over

95%

of people
said the
course
met their
expectations



95%

of members
went on
to take
another
course with
Open Age



New for 2022/2023

By popular demand, we launched some new courses this year. We are thrilled by how successful they have been. There are now three watercolour courses, one up on 2021/22, as well as:

- Eating Healthily on a Budget
- Getting Confident using a Samsung Tablet
- Mosaics
- Herb Growing for Beginners

We look forward to seeing how these courses develop and how their popularity continues to spread.

Cloeadene's story

At 82 years old, Cloeadene has been a regular visitor to Open Age this year. She attended her first beginners IT course in 2021 and since then she has gone on to take part in three further IT courses, as well as a number of creative ones.

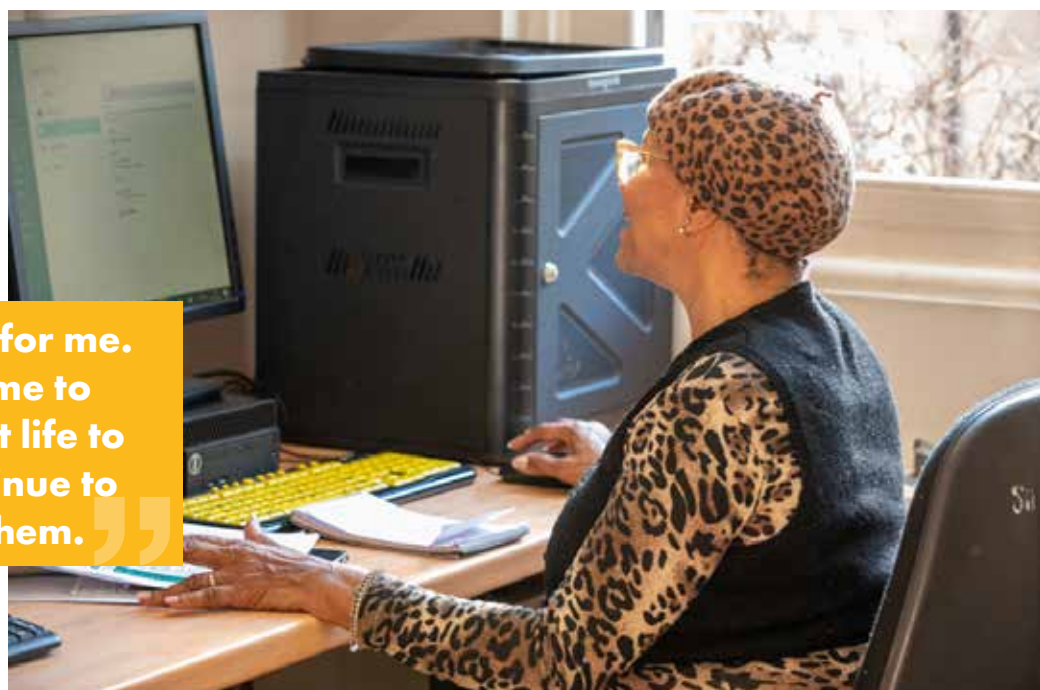
"For me, having something new to learn is priceless. You don't realise how important this is until you are bored and have nothing to do but look out of the window. These activities have kept me busy and occupied, they also feed into my hobbies.

I used to be a dressmaker and have also always enjoyed interior design. The Creative Threads course keeps me connected to my life as a dressmaker and the Mosaics class has helped me keep connected to the interior design part of my life.

This is a big thing for me. The activities help me to connect my present life to my past and I continue to enjoy and attend them.

I feel more confident, and I enjoy telling my friends and family what I have achieved at Open Age. The doctor wanted me to get out more, and I believe we have met that goal, by attending classes and learning so many new things."

We are thrilled to have Cloeadene in the Open Age family.



"This is a big thing for me. The activities help me to connect my present life to my past and I continue to enjoy and attend them."

Spotlight on DigitALL

DigitALL is new to the learning portfolio for this year. Introduced in April 2023 the project filled a much-needed delivery gap, enabling us to provide 1:1 support to the most digitally excluded older adults in North-West London who can then progress onto other courses within the learning programme. Open Age leads a partnership of charities including branches of Age UK and Mencap in three boroughs and the Iranian Association. Over 420 residents were supported by the DigitALL partnership.

Open Age has led on the development of a brand-new assessment tool that matches digitally excluded participants with the support and equipment they need with content focused on their needs.

Supporting older adults, adults with learning disabilities and adults with English as a second language, DigitALL breaks down the barriers that prevent them from enjoying the benefits of the online world. The course provides:

- Devices and free connectivity
- Easy to understand demonstrations and step by step guides
- Tailored support every step of the way
- Encouragement
- A warm and welcoming environment where everyone feels accepted

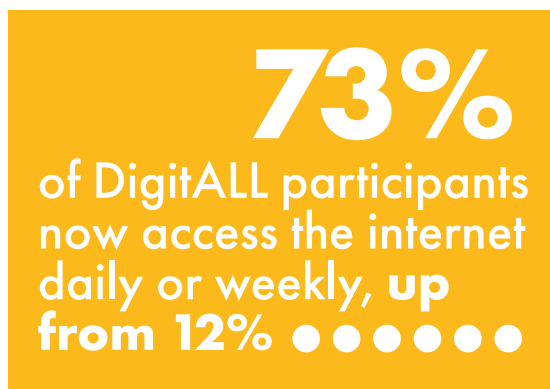
DigitALL is funded by NHS Charities Together through CW+, and Imperial Health Charity. It takes place twice a week at Open Age centres. We visit members in their homes if they are unable to come to us.

Leading the way

DigitALL and some of its participants were nominated for a number of awards this year, including the Festival of Learning and Digital Leaders 'Digital Skills or Talent Initiative of the Year.'

Transforming lives

We are so proud of the incredible difference DigitALL has made to people's lives this year.



— Meet Margaret, a DigitALL graduate!

Margaret was referred to DigitALL when she expressed regret over never putting on an art show of her own. Margaret's determination to achieve this personal goal led her to successfully organise the whole event, complete with an online landing page and accompanying social media presence.

"My lifelong preoccupation with art contrasted with my vague understanding of IT. There seemed to be an abyss between the two: IT was mechanical, a world away from the vagaries of art.

I wanted to realise my ambition of putting on an art show, and it had become apparent to me that this would involve event promotion, picture digitalisation and lots of emails! The thought crossed my mind that I should get someone else to do this – but it was my art, my show, and I decided I was going to do it myself.

I joined the DigitALL Project at Open Age and enrolled on their one-to-one programme in Westminster. Here, I learned about things I'd never heard of before, including Instagram and Eventbrite. My network of dedicated tutors and coordinators gave me an increased sense of security; I felt I was no longer alone with the dreaded computer.

Acquiring IT literacy has given me a renewed self-belief and self-confidence. IT is not an intimidating monster; with the right support, it is incredibly liberating. Post art-show, the learning will go on. More IT, more artwork! Not bad for a retiree."

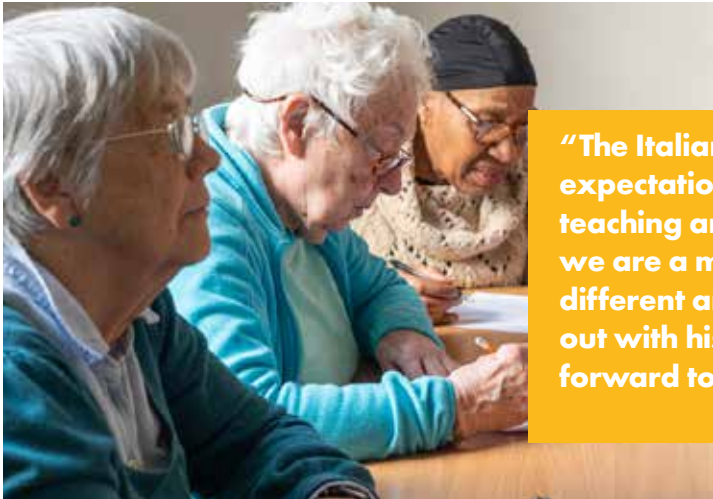


“ Acquiring IT literacy has given me a renewed self-belief and self-confidence. ”

What our Community Learners say

We have received some outstanding feedback from our course participants this year. Many people told us how Open Age has helped transform their health and wellbeing, giving them something to look forward to and enabling them to meet new people and develop new skills.

Here are just a few of the comments made by members:

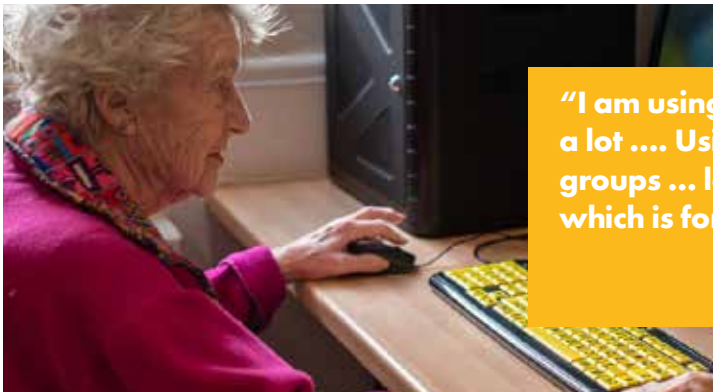


"The Italian course more than meets my expectations. Our tutor has a fun way of teaching and is very patient considering we are a mix of those who are proficient in different areas, but we all help each other out with his expertise of course. Looking forward to another term."

Sandra, 83 years old

"Taking part in the Watercolours course makes me forget my troubles. Empties my head. Relaxes me."

Vincent, aged 69



"I am using email confidently ... using Google a lot Using Zoom following three different groups ... losing fear of using a computer, which is for me a big step forward."

Liz, aged 82, who attended our Developing Windows 10 skills course

"The Sketching in Sculpture Parks course helps to provide structure and routine in life. As one grows older having something to look forward to in the week is useful. To give an additional purpose in life"

Yolanda, aged 67

Fundraising

Against the backdrop of the cost of living crisis, we have had a hugely successful year for fundraising at Open Age. We beat our income target for grants from charitable trusts and foundations, brought a number of new donors on board and secured grants from 30 organisations.



Our fundraising focused on enabling our members to return, post pandemic, to the activities and social groups they love so much. This year, we received grants which directly funded:

- Men's Space
- Play workshops and physical activities in the Earls Court area
- Open Age's Platinum Jubilee celebration event for the late Queen Elizabeth II
- Arts and Culture activities at our New Avenues Centre
- Commissioning an exciting independent research project
- A project working in partnership with a local community theatre company to offer Jubilee Singers performances at Open Age centres
- Open Age activities across Westminster
- Online activities
- Physical activities in Hammersmith & Fulham



The Second Half Foundation, Career Art Exhibition

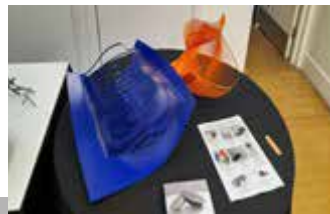
The Second Half Foundation hosted their 2023 Second Half Career Art Exhibition: Celebrating Living Old Masters. This is the ninth time that the Second Half Foundation has supported the work of The Second Half Centre, now run by Open Age.

The 2023 Second Half Art Exhibition told an exciting and inspirational story of transformation and continued growth. Ten talented Second Half artists provided the artwork, which was curated by Lady Jill Shaw Ruddock and Preston Fitzgerald.

There was a special thank you on the night to artist Michael Craig Martin and Cristea Roberts Gallery for donating a very special item for the silent auction.

All the artwork was for sale with 50% of sale price given to support Open Age activities. This year's donation totalled £50,000 – and we are grateful for every penny.

We want to offer our thanks to everyone who was involved and a special thank you goes to Lady Ruddock and the Second Half Foundation for its continued support for our work.



From the 2023 Second Half Foundation Exhibition

“In a post pandemic world, now more than ever we must work together to ensure that The Second Half Centre stays a hub of the community as we continue to rewrite the script for growing older.”

Preston Fitzgerald, artist

Engaging with supporters

This year we have worked hard to improve the way we engage with our members and supporters. They are at the heart of what we do and we want to make sure they know how grateful we are to them.

Our work in this area included:

- Developing a supporter journey, enabling us to share with donors the incredible difference they make to the Open Age community
- Growing our social media presence across Facebook and X
- Launching a brand-new supporter newsletter

Growing our team to diversify our income

In May 2022 we were thrilled to double the size of our fundraising team and welcome Emese Budai as our Community Engagement and Supporter Care Manager. Emese will play a key role in helping to diversify our income, by engaging with Open Age members and our local community to raise funds through a range of channels. These could include individual giving, gifts in Wills, community-based initiatives and fundraising events.

Emese joins our Trusts and Grants Fundraiser Phoebe Thomas-Weeks. They are both outstanding fundraisers and we look forward to even more success in the future.

Thank you

We would like to thank our funders and supporters for their wonderful generosity and commitment this year. With your grants, donations, fundraising activities and more, you help older people live happier, healthier and more connected lives. We cannot thank you enough.



- The ExPat Foundation
- The Edward Harvist Trust
- The Francis Winham Foundation
- The Sir James Roll Charitable Trust
- Order of Malta Dial a Journey Trust
- The Michael and Anna Wix Charitable Trust
- The Rest-Harrow Trust
- Frognal Trust
- Hyde Park Place Estate Charity



Our Goals for 2023-2024

Open Age is an ambitious charity. In 2021 we created three strategic priorities to ensure we deliver our mission to help older people live happier, healthier and more connected lives.

This year we have made some incredible progress in line with our priorities:

Increase our reach

Across north and west London there are older people who are not getting the support they need to live life to the full, which is why it is vital we can increase our reach.

To this aim, we have continued to deliver both in-person and online activities this year. By taking this hybrid approach, we have been able to reach members in a way that works for them.

For example, some of our unpaid carers are unable to attend in-person activities as they do not have the time to travel to and from our centres or the ability to leave the person they care for alone. Online activities remove those barriers, ensuring that members in that situation can still stay connected to the Open Age community and enjoy the benefits it provides.

This year we were delighted to be the lead partner on DigitAll, a two-year digital inclusion project. Working with organisations from across north and west London, we secured £300,000 to deliver DigitAll. We hope to reach new members through the course itself as well as through our partners.

Enhance our ability to evidence our impact

The feedback we receive from our members is overwhelmingly positive, but we need to improve the way we monitor our member's data so we can better quantify the impact we make. With more robust data, we can attract more funding.

In 2022/23 we have invested heavily in the development of a new CRM system that will allow us to better analyse our membership data, helping us to track our members' activity and the impact we make. We are excited to explore the opportunities the new system will afford us when it goes live in April 2023.

Using funding from Dunhill Medical Trust and the National Lottery Community Fund, we have also commissioned research looking into the impact of group activities for older people. The results of the research will be launched in 2023/24.

Diversify our income

To expand our reach and continue delivering the very best activities for members, we have to diversify our income. With more income streams, we can ensure that Open Age continues to be a dynamic, sustainable charity long into the future.

This year we have continued to invest in fundraising, doubling the size of our fundraising team and growing income from philanthropic trusts and foundations, as well as corporate supporters, gifts in Wills and individual donors.

Moreover, the investment we have made in the new CRM system will allow us to test new routes to generate additional revenue.

Looking ahead

In 2023/24, we will continue to build on the work we have done this year.

We will seek to grow our digital inclusion offering once a thorough evaluation of DigitAll has been undertaken. We look forward to seeing the outcome of that evaluation.

We have plans in place to launch our research report and share its findings with other organisations supporting older people. By sharing knowledge in this way, we can ensure Open Age becomes a recognised leader in our field.

Once the new CRM system goes live in April 2023, we will investigate how best we can use the system's functionality to generate new revenue streams and ensure our members are kept up to date with news from Open Age.

Alongside all this, we will continue to focus on supporting older people to recover from the pandemic, placing a renewed emphasis on reaching members who have yet to return to Open Age.

Financial review

Open Age's income for the year totalled £1,650,450 (2022: £1,445,462) of which £1,576,429 (2022: £1,317,914) was received as grants and income from contracts. The main sources of income for the year were: The Royal Borough of Kensington & Chelsea, whose various departments provided £567,972 (2022: £551,847); Westminster City Council £293,951 (2022: £286,405); multi-borough grants £138,000 (2022: £138,000); and other income from various funders, earned income and donations made up the remaining £650,527, as detailed more fully in these accounts. A number of other funders directed their assistance to specific projects. These have been separately identified in the accounts. See the Statement of Financial Activities on page 51 and the accompanying notes, including restricted funds, on pages 54-67.

Where specific funding received was insufficient to meet the expenditures of the specifically funded activities, additional funds have been transferred from the unrestricted funds of Open Age to eliminate the resulting deficits in the specifically funded activities at the end of the financial year.

The main expenditure of Open Age is on staff salaries and on supporting office accommodation and facilities. Costs have been allocated to activities on the basis of estimates prepared by staff.

Open Age ended the year with a deficit of £153,803 (2022: £67,291 deficit). Cash, bank and deposit balances totalled £747,672 (2022: £829,425). Total fund balances available to be carried forward were £1,230,156 (2022: £1,383,959) consisting of £25,578 of designated funds (2022: £64,958); and £763,150 of general funds (2022: £828,524); and £441,428 of restricted funds (2022: £490,477), which represents funds held for the remaining lease of the New Horizons building. The full Statement of Financial Activities is set out on page 51 of these accounts, with accompanying notes on pages 54-67.

Reserves

The trustees have kept the reserves policy under review over the last 12 months due to the uncertainty that existed as a result of the Covid-19 pandemic. To ensure that cashflow management, working capital and investment needs are met, whilst still allowing us to fulfil our charitable objectives, trustees have agreed that the level of free reserves should be kept within a range of £600,000 to £800,000. This is to ensure sufficient funds are held to meet the charity's current and future projected activities and maintain financial sustainability in an ever changing landscape. The board intends to conduct an in-depth review of our reserves policy in early 2024.

As at 31 March 2023, the unrestricted general reserves stood at £763,150 (2022: £828,524).

Risk Management

The Board is responsible for ensuring Open Age considers its risks, has a risk register in place and that this register is reviewed on a regular basis. The Board has assessed the major risks to which the charity is exposed and these are detailed below with a summary of plans for managing these risks:

- A significant reduction or loss of funding from Local Authorities and the newly formed Integrated Care Systems (ICS), formerly CCG's. At a time when local authorities and ICS's are being required to make efficiencies there is an ongoing risk that funding directed towards preventative services such as Open Age may be reduced. To mitigate against this the CEO and Senior Leadership Team maintain good relationships with our commissioners including regular review meetings where targets and KPI's are discussed. The CEO sits on various boards and partnerships to ensure prevention stays high on the agenda. Open Age actively engages with other statutory bodies operating in this field to ensure we are well positioned to receive support from other partners should cuts be proposed.
- Inability to cover infrastructure cost. To reduce reliance on statutory funds and increase unrestricted income Open Age has developed and implemented a fundraising and income diversification strategy. This included recruiting and ongoing development of two fundraisers. We are also exploring how we can generate revenue from other sources such as the development of new services.
- Loss of key personnel. We have policies and procedures in place to recruit and retain suitable staff and volunteers. We conduct regular staff surveys to measure staff satisfaction levels and have implemented a number of staff wellbeing measures.
- Complaints from Members or Tutors. Open Age has a clear members code of conduct and complaints procedure in place to deal with any complaints. This is overseen by our Head of Member Experience and any complaints are investigated and reported to the Senior Leadership Team.
- Impact of a pandemic / Covid-19. We have developed robust policies and procedures and a specific risk assessment and strategy to deal with Covid-19 and potentially similar future pandemics in order to protect our members and staff and to continue to offer and deliver services to our members in a safe and secure way.

Investment policy and performance

The constitution provides that monies not immediately required for Open Age's activities are to be invested in or upon such investments, securities or property as may be thought fit. At present the Trustees' policy is to place all such monies on interest bearing deposit.

Fundraising

During the year 2022/23 Open Age employed two part-time fundraisers and the services of Nova Fundraising Ltd who support fundraising and mentor fundraising staff. The two fundraisers are directly employed by Open Age and the Nova Fundraising Consultants used are members of the Chartered Institute of Fundraising (CioF) and adhere to the Fundraising Regulator Code of Fundraising Practice. Open Age is registered with the Fundraising Regulator.

Open Age understands its duty to protect the public, including vulnerable people, from unreasonably intrusive or persistent fundraising approaches and undue pressure to donate. The charity does not work with fundraising agencies for either telephone, or face-to-face campaigns, and received no fundraising complaints during the year (2022: none). As a charity that works with older people all staff undergo formal and informal training on how to communicate with and deliver service to older people. This includes a requirement for all staff to complete adult safeguarding training.

Throughout the year Open Age has continued to be successful in attracting funding in kind, ranging from the free use of premises in a variety of venues such as lounges in sheltered housing, meeting rooms in libraries and community centres, to skilled practitioners providing free or reduced fee tutoring. In addition to the salaried staff, members and volunteers assist with administration and with organising events. The CEO monitors all fundraising activity. The Board of Trustees receive regular reports on fundraising and review fundraising income and expenditure.

Legal and Administrative Details

Charity Registered Number: 1160125

Date of Adoption of Constitution: 25th November 2014

Board of Trustees:

Elected Trustees

Marcia Blakenham

Hilary Bowker *

Colin Campbell, Treasurer* (appointed May 2023)

Malti Josh (appointed Jan 2023)

Ann Lewis* (appointed October 2022)

Maggy Pigott, Vice Chair *

Sandra Franklin

Co-opted Members:

Garvin Brown (stepped down Feb 2023)

Cynthia Bullock (appointed Jan 2023)

Dean James, Chair * (stepped down May 2022)

Eric Kihlstrom, Chair* (elected Chair May 2022)

Stephen Souchon, Treasurer * (stepped down March 2023)

* Also members of the Finance and Staff Sub-Committee

CEO:

Iain Cassidy

Principal Office:

St Charles Centre for Health and Wellbeing,

Exmoor Street, London W10 6DZ

Auditors:

Barnes Roffe LLP East London Office,

Leytonstone House, Leytonstone,

London, E11 1GA

Bankers:

Barclays Bank PLC, Willesden Branch,

Westmoreland House, Scrubbs Lane,

London NW10

Structure, Governance and Management

The Trustees of the charity present their report for the year ended 31 March 2023. The Trustees confirm that the Annual Report is compliant with current statutory requirements, the requirements of the charity's governing document, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Constitution and Organisational Structure

Open Age was registered by the Charity Commission as a charitable incorporated organisation on the 23rd of January 2015, with a new charity registration number: 1160125.

The Board, comprising the charity's Trustees, consists of the Chair, the Treasurer and up to 15 individual Board members. The Board agrees the policy of the charity and is responsible for its finances and assets, and for employing staff to carry out its work. The Board meets at least four times a year. It appoints a Finance and Staff Sub-Committee, consisting of up to six Trustees to regularly review financial and staff matters. This sub-committee also meets at least four times a year and reports to the Board.

The CEO manages the day-to-day affairs of the charity and reports regularly to the Chair and to the Board.

Recruitment and Appointment of Trustees

Up to nine Trustees are nominated and elected from the Open Age membership at the AGM. Subsequently the Board co-opts up to a further eight Trustees for the year. Co-opted members are individual members or representatives of organisations, who have been nominated and selected for the complementary skills they are able to offer. Trustees are invited to attend an induction session on appointment and are informed of ongoing training opportunities, as they arise both within the organisation and externally.

Pay Policy for senior staff

Open Age Trustees, the Senior Leadership Team (made up of 4 senior staff plus the CEO) and other senior managers comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day to day basis. All Trustees give of their time freely and no Trustee received remuneration in the year (2022: £Nil).

Regular reviews of senior staff pay levels take place using a salary benchmarking exercise against comparable organisations. The results of these reviews are approved by the Finance and Staff Sub-Committee; the last such review was July 2023. An annual cost of living increase is also considered by the Finance and Staff Sub-Committee taking into account sector trends, inflationary factors and the charity's financial position.

Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustees of the charity confirm that:

As far as they are aware, there is no relevant audit information of which the charity's auditors are unaware, and they have taken all the steps that they ought to have taken as Trustees in order to make themselves aware of any relevant audit information and to establish that the charity's auditors are aware of that information Public Benefit. The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's objectives and activities and in planning future activities.

APPROVAL

This report was approved by the Trustees on 10th January 2024 and signed on their behalf by:

Eric Kihlstrom
Chair of the Board of Trustees

Independent Auditor's Report to the Trustees of Open Age

Opinion

We have audited the financial statements of Open Age (the 'charity') for the year ended 31 March 2023 which comprise the Statement of financial activities, the Balance sheet, the Statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- Give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- Have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- Have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going

concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the Annual report other than the financial statements and our Auditors' report thereon. The Trustees are responsible for the other information contained within the Annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- The information given in the Trustees' report is inconsistent in any material respect with the financial statements; or
- Sufficient accounting records have not been kept; or
- The financial statements are not in agreement with the accounting records and returns; or
- We have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Trustees' responsibilities statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditors' responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We enquired of management, which included obtaining and reviewing supporting documentation, concerning the charity's policies and procedures relating to:

- Identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non compliance;
- Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
- The internal controls established to mitigate risks related to fraud or non compliance with laws and regulations.
- We inspected the minutes of meetings of those charged with governance.
- We obtained an understanding of the legal and regulatory framework that the charity operates in, focusing on those laws and regulations that had a material effect on the financial statements or that had a fundamental effect on the operations of the charity from our professional and sector experience.
- We communicated applicable laws and regulations throughout the audit team and remained alert to any indications of non compliance throughout the audit.

- We reviewed any reports made to regulators.
- We reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.
- We performed analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud.
- In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements made in making accounting estimates are indicative of a potential bias and tested significant transactions that are unusual or those outside the normal course of business.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involve intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditors' report.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.

Barnes Roffe LLP
Chartered Accountants
Leytonstone House
3 Hanbury Drive
Leytonstone
London
E11 1GA

Date:

Barnes Roffe LLP are eligible to act as auditors in terms of section 1212 of the Companies Act 2006.

Statement of financial activities

(incorporating an income and expenditure account)

For the year ended 31 March 2023

	Note	2023			2022		
		Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
		£	£	£	£	£	£
Income from:							
Donations and legacies	2	67,205	12,500	79,705	88,899	62,000	150,899
Charitable activities							
Learning, Health & Wellbeing	3	50,277	1,320,216	1,370,493	76,578	1,147,782	1,224,360
IT & Digital Inclusion	3	-	182,420	182,420	-	21,226	21,226
Employment Support	3	11,016	-	11,016	48,328	-	48,328
Investments interest	4	6,816	-	6,816	649	-	649
Total income		135,314	1,515,136	1,650,450	214,454	1,231,008	1,445,462
Expenditure on:							
Raising funds	5	2,331	44,284	46,615	1,480	23,177	24,657
Charitable activities							
Learning, Health & Wellbeing	5	82,163	1,470,146	1,552,309	169,018	1,177,188	1,346,206
IT & Digital Inclusion	5	-	196,973	196,973	2,950	84,692	87,642
Employment Support	5	8,356	-	8,356	54,248	-	54,248
Total expenditure		92,850	1,711,403	1,804,253	227,696	1,285,057	1,512,753
Net (expenditure)/income for the year	6	42,464	(196,267)	(153,803)	(13,242)	(54,049)	(67,291)
Reconciliation of funds:							
Total funds brought forward		893,482	490,477	1,383,959	906,724	544,526	1,451,250
Total funds carried forward		935,946	294,210	1,230,156	893,482	490,477	1,383,959

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 17a to the financial statements.

Balance Sheet

As at 31 March 2023

		2023		2022	
	Note	£	£	£	£
Fixed assets:					
Tangible assets	11a		441,428		490,477
Intangible assets	11b		115,812		40,620
			557,240		531,097
Current assets:					
Debtors	12	137,479		154,116	
Cash at bank and in hand		747,672		829,425	
		885,151		983,541	
Liabilities:					
Creditors: amounts falling due within one year	13	(212,235)		(130,679)	
Net current assets			672,916		852,862
Total net assets			1,230,156		1,383,959
The funds of the charity:	17a				
Restricted income funds			441,428		490,477
Unrestricted income funds:					
Designated funds		25,578		64,958	
General funds		763,150		828,524	
Total unrestricted funds			788,728		893,482
Total charity funds			1,230,156		1,383,959

Approved by the trustees on 10th January 2024 and signed on their behalf by:

Eric Kihlstrom

Colin Campbell

Chair

Treasurer

Statement of Cash Flows

For the year ended 31 March 2023

	2023		2022	
	£	£	£	£
Cash flows from operating activities				
Net (expenditure) / income for the reporting period	(153,803)		(67,291)	
(as per the statement of financial activities)				
Depreciation charges	49,049		49,049	
Dividends, interest and rent from investments	(6,816)		(649)	
(Increase)/decrease in debtors	16,637		(110,600)	
Increase/(decrease) in creditors	81,556		28,257	
Net cash provided by / (used in) operating activities	(13,377)		(101,234)	
Cash flows from investing activities:				
Dividends, interest and rents from investments	6,816		649	
Purchase of fixed assets	(75,192)		(40,620)	
Net cash (used in) / provided by investing activities	(68,376)		(39,971)	
Change in cash and cash equivalents in the year	(81,753)		(141,205)	
Cash and cash equivalents at the beginning of the year	829,425		970,630	
Cash and cash equivalents at the end of the year	747,672		829,425	
Analysis of cash and cash equivalents and of net debt				
	At 1 April 2022	Cash flows	Other non-cash changes	At 31 March 2023
	£	£	£	£
Cash at bank and in hand	829,425	(81,753)	-	747,672
Total cash and cash equivalents	829,425	(81,753)	-	747,672

Notes to the Financial Statements

1 Accounting policies

a) Statutory information

Open Age is registered with the Charity Commission for England and Wales.

The principle office address is St Charles Centre for Health and Wellbeing, Exmoor Street, London, W10 6DZ.

b) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - (Charities SORP FRS 102), The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

In applying the financial reporting framework, the trustees have made a number of subjective judgements, for example in respect of significant accounting estimates. Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The nature of the estimation means the actual outcomes could differ from those estimates. Any significant estimates and judgements affecting these financial statements are detailed within the relevant accounting policy below.

c) Public benefit entity

The charity meets the definition of a public benefit entity under FRS 102.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

d) Going concern

The financial statements have been prepared on a going concern basis which forecasts that the charity will have adequate resources to continue in operational existence for a period of at least 12 months from the date of this financial report.

A forecast have been prepared for a period of more than 12 months from the date of approval of these financial statements. The forecasts indicates that, whilst taking into account reasonable downsides, sufficient funds are expected to be generated within the charity so as to meet liabilities as they fall due.

A significant part of Open Age's income comes from grants and contracts from our local authority partners. As in previous years, most grants and contracts for the next financial year have not yet been signed, meaning there is some risk to this income. Management and trustees rate this risk as low given that discussions are ongoing with our commissioners and for many years these income streams have been renewed year on year.

Expenditure of these grants and contracts are not committed until they have been approved. If any of this income was cut the charity would take immediate action to mitigate any such risk by reducing expenditure in order to maintain its going concern status. Management and trustees regularly review such risks on an ongoing basis.

e) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is a treated as a contingent asset and disclosed if material.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

f) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

g) Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

h) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charity in seeking donations, legacies, non-performance related grants and other voluntary contributions.
- Charitable activities include expenditure associated with the provision of Learning, Physical, Health and Wellbeing related activities, IT and Digital training and Employment support.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

i) Support and Governance costs

The charity initially identifies the total costs of its support functions, which include an element of staffing cost based on staff time. It then identifies those costs which relate to the governance function. Having identified its governance costs, these along with the remaining support costs, are directly allocated to the various funds attributed to the charitable activities undertaken in the year.

Governance costs are those incurred in connection with enabling the charity to comply with external regulation, constitution and statutory requirements and in providing support to the trustees in discharge of their statutory duties.

j) Operating leases

Operating leases are recognised over the period of which the lease falls due. Benefits received and receivable as an incentive to sign an operating lease are recognised over the period of the lease.

k) Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £3,000. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- | | |
|--------------------------------------------------|----------|
| • New Horizons Building (Leasehold improvements) | 25 years |
| • Fixtures and Fittings | 5 years |
| • Computer Equipment | 3 years |

l) Intangible fixed assets

The CRM system is currently under development and therefore no amortisation has been provided during the year. Once completed, these will be amortised over a period of 5 years.

- | | |
|----------------------------|---------|
| • Technological Innovation | 5 years |
|----------------------------|---------|

m) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

n) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

o) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

p) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

q) Pensions

The charity is a member of a multi-employer pension scheme administered by the Pensions Trust. All employees are members of the Growth Plan Series 4. This scheme is a defined contribution pension scheme. Since February 2016, new and existing employees who were not in the scheme were automatically enrolled into the scheme membership, unless they had exercised their right to opt out. The pension charge represents the amounts payable by the charity to the fund in respect of this year.

2 Income from donations and legacies

	2023			2022		
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
Core grants	-	12,500	12,500	12,000	12,000	24,000
Donations	67,205	-	67,205	76,899	50,000	126,899
Legacies	-	-	-	-	-	-
	67,205	12,500	79,705	88,899	62,000	150,899

3 Income from charitable activities

	2023			2022		
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
RBKC (ACL)	-	135,955	135,955	-	115,127	115,127
RBKC Older Prevention	-	395,176	395,176	-	394,216	394,216
WCC Older People Prevention	-	217,786	217,786	-	218,785	218,785
Tri- Borough CCG - Clinical Commissioning	-	138,000	138,000	-	138,000	138,000
Westminster City Council & CCGS (Other)	-	22,978	22,978	-	22,978	22,978
L B Hammersmith & Fullham	-	38,000	38,000	-	38,000	38,000
Keep Active project	-	64,378	64,378	-	64,378	64,378
Kensigton and Chelsea Social Council	-	22,454	22,454	-	22,768	22,768
Trusts, Foundations & Corporates	-	285,489	285,489	-	133,530	133,530
CLCH NHS Trust (Brent Falls Prevention)	-	-	-	-	-	-
Fees from classes and events	50,277	-	50,277	25,453	-	25,453
The Ex Pat Foundation	-	-	-	50,000	-	50,000
Other income	-	-	-	1,125	-	1,125
Sub-total for Learning, Health & Wellbeing	50,277	1,320,216	1,370,493	76,578	1,147,782	1,224,360
RBKC (ACL)	-	-	-	-	-	-
Greater London Authority	-	-	-	-	-	-
CW PLUS	-	182,420	182,420	-	21,226	21,226
Sub-total for IT & Digital inclusion	-	182,420	182,420	-	21,226	21,226
DWP / Reed Partnership	11,016	-	11,016	48,328	-	48,328
Sub-total for Employment support	11,016	-	11,016	48,328	-	48,328
Total income from charitable activities	61,293	1,502,636	1,563,929	124,906	1,169,008	1,293,914

Income from government grants comprises performance related and general grants made by various government bodies to enable the charity to deliver its charitable objectives; that is the delivery of health and wellbeing services for older people.

4 Income from investments

	2023			2022		
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
Investment interest	6,816	-	6,816	649	-	649
	6,816	-	6,816	649	-	649

5a Analysis of expenditure (current year)

	Raising funds £	Charitable activities				Governance costs £	Support costs £	2023 Total £	2022 Total £
		Learning, Health & Wellbeing £	IT & Digital inclusion £	Employment support £					
Staff costs (Note 7)	33,169	821,625	40,159	8,010	29,385	169,540	1,101,888	1,033,753	
Other fundraising costs	13,446						13,446	6,385	
Tutor fees		169,211	6,539				175,750	151,939	
Premises		101,595	6,911	346		10,021	118,873	66,206	
Other direct costs		113,111	122,923			4,857	240,891	80,453	
Communication						46,619	46,619	81,648	
Equipment						43,135	43,135	41,385	
Recruitment, training & travel						19,145	19,145	12,889	
Consultancy fees						23,506	23,506	20,675	
Audit fees					21,000		21,000	17,420	
	46,615	1,205,542	176,532	8,356	50,385	316,823	1,804,253	1,512,753	
Support costs	-	296,383	20,440			(316,823)	-	-	
Governance costs	-	50,385			(50,385)		-	-	
Total expenditure 2023	46,615	1,552,310	196,972	8,356	-	-	1,804,253		
Total expenditure 2022	24,657	1,346,206	87,642	54,248	-	-		1,512,753	

5b Analysis of expenditure (prior year)

	Raising funds	Charitable activities					Support costs	2022 Total
		Learning, Health & Wellbeing	IT & Digital inclusion	Employment support	Governance costs	Support costs		
	£	£	£	£	£	£	£	
Staff costs (Note 7)	18,272	740,344	48,590	43,595	27,007	155,945	1,033,753	
Other fundraising costs	6,385	-	-	-	-	-	6,385	
Tutor fees	-	129,579	22,360	-	-	-	151,939	
Premises	-	52,965	3,783	3,783	-	5,675	66,206	
Other direct costs	-	80,453	-	-	-	-	80,453	
Communication	-	-	-	-	-	81,648	81,648	
Equipment	-	-	-	-	-	41,385	41,385	
Recruitment, training & travel	-	-	-	-	-	12,889	12,889	
Consultancy fees	-	-	-	-	-	20,675	20,675	
Audit fees	-	-	-	-	17,420	-	17,420	
	24,657	1,003,341	74,733	47,378	44,427	318,217	1,512,753	
Support costs	-	303,258	9,959	5,000	-	(318,217)	-	
Governance costs	-	39,607	2,950	1,870	(44,427)	-	-	
Total expenditure 2022	24,657	1,346,206	87,642	54,248	-	-	1,512,753	

6 Net (expenditure) / income for the year

This is stated after charging / (crediting):

	2023	2022
	£	£
Depreciation	49,049	49,049
Operating lease rentals payable:		
Other	1,834	1,834
Auditor's remuneration (excluding VAT):	21,000	10,500

7 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

Staff costs were as follows:

	2023	2022
	£	£
Salaries and wages	983,655	927,764
Social security costs	91,379	81,119
Employer's contribution to defined contribution pension schemes	26,854	24,870
	1,101,888	1,033,753

The following number of employees received employee benefits (excluding employer pension costs and employer's national insurance) during the year between:

	2023	2022
	No.	No.
£60,000 - £69,999	1	1

The total employee benefits (including pension contributions and employer's national insurance) of the key management personnel were £346,773 (2022: £329,516).

The charity trustees were neither paid nor received any other benefits and expenses reimbursed from employment with the charity in the year (2022: £nil). No charity trustee received payment for professional or other services supplied to the charity (2022: £nil).

8 Staff numbers

The average number of employees (head count based on number of staff employed) during the year was 36 (2022: 35).

The average monthly head count of staff	2023	2022
	No.	No.
Director	1	1
Heads of Department	4	4
Service Managers & Co-ordinators	25	24
Support Services (Finance / Admin / Fundraising)	6	6
	36.0	35.0

9 Related party transactions

Our CEO, Iain Cassidy sits on the Management Committee of Westway Community Transport, a Registered Society. Westway Community Transport provides mostly transport services to the charity. The value of services provided to the charity during the year totalled £2,621 (2022: £851). Of this amount £216 (2022: £589) was owed by the charity to Westway Community Transport at the end of the financial year.

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

10 Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

11a Tangible fixed assets

	New Horizons Building (Leasehold improvements)	Fixtures and fittings	Computer equipment	Total
Cost	£	£	£	£
At the start of the year	1,226,212	108,616	81,295	1,416,123
Additions in year	-	-	-	-
At the end of the year	1,226,212	108,616	81,295	1,416,123
Depreciation				
At the start of the year	735,735	108,616	81,295	925,646
Charge for the year	49,049	-	-	49,049
At the end of the year	784,784	108,616	81,295	974,695
Net book value				
At the end of the year	441,428	-	-	441,428
At the start of the year	490,477	-	-	490,477

All of the above assets are used for charitable purposes.

11b Intangible fixed assets

	Technological Innovation
Cost	£
At the start of the year	40,620
Additions in year	75,192
At the end of the year	115,812
Amortisation	
At the start of the year	-
Charge for the year	-
At the end of the year	-
Net book value	
At the end of the year	115,812
At the start of the year	40,620

The CRM system is under development, and hence no amortisation during the year.

12 Debtors

	2023	2022
	£	£
Trade debtors	85,921	48,274
Other debtors	-	-
Prepayments	36,401	37,252
Accrued income	15,156	68,590
	137,479	154,116

13 Creditors: amounts falling due within one year

	2023	2022
	£	£
Trade creditors	44,415	46,290
Other creditors	1,879	-
Taxation and social security	19,306	21,871
Accruals	49,442	28,793
Deferred income (note 14)	97,193	33,725
	212,235	130,679

14 Deferred income

Income is deferred when received in the financial period but has not been earned by the end of the year.

	2023	2022
	£	£
Balance at the beginning of the year	33,725	48,045
Amount released to income in the year	(33,725)	(48,045)
Amount deferred in the year	97,193	33,725
	97,193	33,725

15 Pension scheme

The charity is a member of a multi-employer pension scheme administered by the Pensions Trust. All employees are members of the Growth Plan Series 4. This scheme is a defined pension contribution scheme and contributions are charged in the statement of financial activities. The charge for the year for the Charity for pension is £26,854 (2022: £24,870). The amount outstanding in respect of The Pensions Trust at 31 March 2023 was £Nil (2022: £2,173).

16a Analysis of net assets between funds (current year)

	General unrestricted	Designated	Restricted	Total funds
	£	£	£	£
Tangible fixed assets (Leasehold improvements)	-	-	441,428	441,428
Other works for New Horizons	-	25,578	-	25,578
CRM System	-	-	-	-
Net current assets	763,150	-	-	763,150
Creditors due within one year	-	-	-	-
Defined benefit pension asset / (liability)	-	-	-	-
Net assets at 31 March 2023	763,150	25,578	441,428	1,230,156

16b Analysis of net assets between funds (prior year)

	General unrestricted	Designated	Restricted	Total funds
	£	£	£	£
Tangible fixed assets	-	-	490,477	490,477
Other works - New Horizon	-	25,578	-	25,578
CRM System	-	39,380	-	39,380
Net current assets	828,524	-	-	828,524
Creditors due within one year	-	-	-	-
Defined benefit pension asset / (liability)	-	-	-	-
	828,524	64,958	490,477	1,383,959

17a Movements in funds (current year)

	At 1 April 2022	Income & gains	Expenditure & losses	Transfers	At 31 March 2023
	£	£	£	£	£
Restricted funds:					
Westminster Active (Circuit)	-	1,950	(1,950)	-	-
Three Hands - Experian	-	12,500	(12,500)	-	-
Queen's Park Community Council (QPCC)	-	2,625	(2,625)	-	-
The Kensington & Chelsea Foundation	-	51,776	(51,776)	-	-
Francis Winham Foundation	-	2,500	(2,500)	-	-
Hyde Park Place Estate Charity	-	5,000	(5,000)	-	-
H&F LB Linked In and Active	-	38,000	(38,000)	-	-
H&F Fast Track Grant	-	2,444	(2,444)	-	-
Walking & Cycling Grants London	-	3,000	(3,000)	-	-
Edwards and Bishop King's Fund	-	1,664	(1,664)	-	-
RBKC - Older People Prevention Contract (Adult Social Care)	-	228,176	(228,176)	-	-
RBKC - Older People Prevention (Public Health)	-	167,000	(167,000)	-	-
RBKC - Keep Active	-	19,736	(19,736)	-	-
WCC - Older People Prevention (Adult Social Care)	-	164,286	(164,286)	-	-
WCC - Older People Prevention (Public Health)	-	53,500	(53,500)	-	-
WCC - Keep Active	-	44,642	(44,642)	-	-
Earls Court Community Fund- Grant	-	4,500	(4,500)	-	-
VCS & Community Partnerships -RBKC	-	9,180	(9,180)	-	-
Hammersmith United Charities	-	6,000	(6,000)	-	-
The Julia and Hans Rausing Trust	-	13,500	(13,500)	-	-
Delivery Of the Active Communities	-	2,980	(2,980)	-	-
MERCERS GRANT	-	25,000	(25,000)	-	-
RBKC - ACL Adult Education	-	135,955	(135,955)	-	-
RBKC - Sports Development Team	-	72	(72)	-	-
RBKC ACL (Tutor Training Reimbursements)	-	595	(595)	-	-
K& C Foundation -Mens Activity	-	5,833	(5,833)	-	-
PCC ST STEPHENS CHURCH	-	650	(650)	-	-
London Community Foundation- Arts Council England	-	10,000	(10,000)	-	-
RBKC- City Living Local Life	-	16,438	(16,438)	-	-
London Sport- Tackling Inequalities (TIF)	-	4,848	(4,848)	-	-

THRIVE TRIBE	-	1,110	(1,110)	-	-
National Lottery Community Fund	-	25,000	(25,000)	-	-
Silver Sunday- RBKC	-	7,119	(7,119)	-	-
DE Group Funding	-	1,729	(1,729)	-	-
Westminster CC s75 Time for Me	-	22,978	(22,978)	-	-
NHS Tri BoroughCCGS - Steady and Stable Project	-	138,000	(138,000)	-	-
Kensington and Chelsea Social Council	-	22,454	(22,454)	-	-
The Henry Smith Charity	-	40,200	(40,200)	-	-
Edward Harvist Trust (COW)	-	13,182	(13,182)	-	-
MASONIC CHARITABLE	-	20,000	(20,000)	-	-
CW Plus	-	182,420	(182,420)	-	-
City of Westminster - Healthy Winter Grants Scheme	-	6,595	(6,595)	-	-
New Horizons Building Development	490,477	-	(49,049)	-	441,428
Total restricted funds	490,477	1,515,136	(1,564,185)	-	441,428
Unrestricted funds:					
Designated funds:					
Open Age Hubs Activities	-	-	-	-	-
Other works for New Horizons	25,578	-	-	-	25,578
CRM System	39,380	-	-	(39,380)	-
Total designated funds	64,958	-	-	(39,380)	25,578
General funds	828,524	135,314	(240,068)	39,380	763,150
Total unrestricted funds	893,482	135,314	(240,068)	-	788,728
Total funds	1,383,959	1,650,450	(1,804,253)	-	1,230,156

The narrative to explain the purpose of each fund is given at the foot of the note below.

17b Movements in funds (prior year)

	At 1 April 2021	Income & gains	Expenditure & losses	Transfers	At 31 March 2022
	£	£	£	£	£
Restricted funds:					
Second Half Foundation	-	50,000	(50,000)	-	-
The Football Found FF	-	460	(460)	-	-
Sport England	-	9,907	(9,907)	-	-
Westminster Almshouses	-	10,000	(10,000)	-	-
Queen's Park Community Council	-	875	(875)	-	-
The Kensington & Chelsea Foundation	-	15,000	(15,000)	-	-
Three Hands - Experian	-	1,900	(1,900)	-	-
Chatsie Research	-	5,000	(5,000)	-	-
Hyde Park Place Estate Charity	-	5,000	(5,000)	-	-
H&F LB Linked In and Active	-	38,000	(38,000)	-	-
H&F Fast Track Grant	-	4,000	(4,000)	-	-
Pimlico Million (Quaker Social)	-	1,482	(1,482)	-	-
RBKC - Older People Prevention Contract (Adult Social Care)	-	224,457	(224,457)	-	-
RBKC - Older People Prevention (Public Health)	-	166,000	(166,000)	-	-
RBKC - Corporate Services Grant (Communities)	-	5,100	(5,100)	-	-
RBKC - Keep Active	-	19,736	(19,736)	-	-
WCC - Older People Prevention (Adult Social Care)	-	164,286	(164,286)	-	-
WCC - Older People Prevention (Public Health)	-	53,500	(53,500)	-	-
WCC - Keep Active	-	44,642	(44,642)	-	-
London Sport	-	75	(75)	-	-
Westminster Amalgamated Charity	-	5,000	(5,000)	-	-
Cycling Smarter project (TFL/Groundworks)	-	4,996	(4,996)	-	-
Earls Court Community Fund	-	11,000	(11,000)	-	-
VCS & Community Partnerships -RBKC	-	4,590	(4,590)	-	-
K&C Art Festival	-	148	(148)	-	-
Delivery Of the Active Communities	-	95	(95)	-	-
RBKC - ACL Adult Education	-	114,867	(114,867)	-	-
RBKC - Sports Development Team	-	372	(372)	-	-
RBKC ACL (Tutor training)	-	260	(260)	-	-
RBKC - Silver Sunday	-	650	(650)	-	-
PCC ST STEPHENS CHURCH	-	780	(780)	-	-
Thrive Tribe	-	11,810	(11,810)	-	-
The Grove Trust	-	15,000	(15,000)	-	-
Childwick Trust	-	15,000	(15,000)	-	-
Westminster CC s75 Time for Me	-	22,978	(22,978)	-	-
NHS Tri BoroughCCGS - Steady and Stable Project	-	138,000	(138,000)	-	-
WCC AW Roujd 2	-	1,049	(1,049)	-	-
Kensington and Chelsea Social Council	-	22,768	(22,768)	-	-
CWPLUS	-	21,226	(21,226)	-	-
Masonic Charitable	-	20,000	(20,000)	-	-
City of Westminster - Healthy Lungs	-	999	(999)	-	-
	-	-	-	-	-

Westminster Council Community Contribution	5,000	-	(5,000)	-	-
New Horizons Building Development	539,526	-	(49,049)	-	490,477
Total restricted funds	544,526	1,231,008	(1,258,057)	-	490,477
Unrestricted funds:					
Designated funds:					
Open Age Hubs Activities	-	-	-	-	-
Other works for New Horizons	25,578	-	-	-	25,578
CRM System	80,000	-	-	(40,620)	39,380
Total designated funds	105,578	-	-	(40,620)	64,958
General funds	801,146	214,453	(227,696)	40,620	828,524
Total unrestricted funds	801,146	214,453	(227,696)	-	893,482
Total funds	1,345,672	1,445,461	(1,512,753)	-	1,383,959

Purposes of restricted funds

Grants, which are received for specific projects, are accounted for as restricted funds. The balances on restricted funds as at 31st March 2023 arise for specific projects.

Second Half Centre, New horizons Centres, The Avenues, and St Margaret's

Open Age delivers a large weekly programme of Learning, Physical Activity and Arts and Culture activities in The Royal Borough of Kensington and Chelsea, and the City of Westminster. We operate from 40+ community venues and four centres operates by the charity. This activity is funded by a variety of grants including, North West London ICB, RBKC and WCC prevention contracts, RBKC Adult Community Learning, and the Second Half Foundation.

Time for Me

Project providing activities and trips for older carers across the Royal Borough of Kensington and Chelsea, and the City of Westminster funded through RBKC and NWL ICB.

DigitAll

A project that tackles Digital Exclusion in Older People by targeting barrier to access. Open Age is the lead partner working with a number of delivery organisations to reach older people. Funded by CW+ and Imperial College Healthcare Trust.

18 Operating lease commitments payable as a lessee

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following periods

	Equipment	
	2023	2022
	£	£
Less than one year	1,834	1,834
One to five years	2,485	2,540
Over five years	-	-
	<hr/> 4,319 <hr/>	<hr/> 4,374 <hr/>

19 Legal status of the charity

The charity is registered as a Charitable Incorporated Organisation (CIO) with the Charity Commission. The

charity is registered in England and its registered address is St Charles Centre for Health and Wellbeing, Exmoor Street, London, W10 6DZ.

Want to find out more?

Call: 020 4516 9978

Email: info@openage.org.uk

Visit: www.openage.org.uk

St. Charles Centre for Health and Wellbeing,
Exmoor Street, London W10 6DZ

Open Age is registered as a Charitable Incorporated Organisation in England and Wales. Registration number 1160125.