



Bring A Friend Week

Bring a Friend Week is your chance to get your friends involved in selected classes at Open Age.

Members will pay their normal fee for classes but will be allowed a guest free of charge! Call up to 7 days in advance and book yourself in as normal, then give us the full name and contact details of your guest.



Monday 14th July

Location

Class

Time

Avenues

Patchwork

10.00 - 11.30am

St Margaret's

Social Singing

12.15 - 1.15pm

New Horizons

Welcome to OA

1.00 - 2.00pm

St Margaret's

Creative Writing

2.30 - 4.30pm

Avenues

Simply Art

10.00 - 11.30am

St Margaret's

Jewellery Making

10.30 - 12.00pm

New Horizons

Knitting

11.00 - 1.00pm

St Margaret's

Shared Reading

12.00 - 1.00pm

New Horizons

Chi Chi Fit

1.15 - 2.15pm

Second Half Centre

Welcome to OA

3.30 - 4.30pm

Second Half Centre

Painting & Drawing

10.00 - 11.30am

Second Half Centre

Creative thread

10.00 - 11.30am

Avenues

Shared Reading

11.30 - 1.00pm

Avenues

Exercise to Music

11.15 - 12.15pm

New Horizons

Supported IT Drop In

12.00 - 2.00pm

New Horizons

Arts and crafts

12.30 - 1.30pm

Second Half Centre

Fashion Knitting

3.00 - 5.00pm

Friday 18th July

New Horizons

Keep Fit

1.30 - 2.30pm