**REFERRAL FORM**

**Please return this referral form to:** **referrals@openage.org.uk**

***(this email is a secure Egress mailbox)***

**Details of person being referred (Please ask permission before filling out)**

**First name:**   **Surname:**

**Email: Contact Tel:**

**Emergency Contact details:**

**Other contact number if appropriate:**

**Address:**

**Postcode:**

**Borough: (please circle or tick which borough or delete) WCC or RBKC**

**Date of Birth:**

**English speaker: Yes/No Main Language spoken:**

**Any other communication needs:**

**Reason for making referral and please give us much information as possible:**

**Please state any support needs or/and health conditions/Mobility issues.**

**Does this person have any requirements? Are there any risks we should be aware of?**

**Name of GP surgery and contact details including surgery/practice email:**

**Contacts of any support services (i.e community mental health team or social work input etc)**

**Name of GP surgery and contact details including surgery/practice email:**

**Contacts of any support services ie community mental health team or social work input etc?**

**Their specific interests, if known: (Please underline)**

**Physical activity:**

Mat based exercise including Yoga, Tai Chi, and Pilates; Stretch &Tone, Boxing Fitness, Walking Football, Dance, Seated Exercise, Steady & Stable for Balance, Bone Density Workout, Healthy Lungs.

**Social, creative and study activity:**

Discussion social groups, Music, Singing, Foreign languages, Literature, Poetry, Creative Writing, IT, Computers, iPads, Smart Phone Courses, Arts & Crafts, Drama & Theatre, Art History, Walks, Current Affairs, Philosophy, International Cooking.

**For enquiries about Link Up & Outreach Services please call or email:**

**Bee Burgess – Head of Outreach and Support Services on 07741 656 481**

**Email** **bburgess@openage.org.uk**

**Emma Cohen – Senior Link Up Project Coordinator on 07741 656 478**

**Email** **ecohen@openage.org.uk**

**Open Age**

**St Charles Centre for health and Wellbeing**

**Exmoor Street, W10 6DZ**

**Main Office: 020 4516 9978 (new number)**

**Team Direct Line: 020 4516 9977 (new number)**

[**www.openage.org.uk**](http://www.openage.org.uk)

**Details of the referrer (must be completed)**

**Name:**

**Organisation:**

**Job Title:**

**Address:**

**Email:**

**Tel: Date:**