



Time for me means **TIME** for you...

January, February & March 2017

Happy New Year Carers and welcome to your Winter programme. Thank you for taking the time to join me for the activities during the Autumn. I hope you enjoyed the events as much as I did. There are some great activities planned in the next three months, hopefully you can join us, try new things & have some fun. To book a space call **Reception on 020 8962 4141 after 5th January 2017**. All activities must be booked in advance, but to keep things fair please book only 5 activities at once, but you can add your name to the waiting list for other events you are interested in .....book early!!

**Please note these activities are for unpaid carers, over 50 & living in South Kensington and Chelsea.**

**Friday 13th January & Friday 10th March - Porchester Spa** - Come and enjoy a sauna and steam, and let your troubles drift away. Must bring swimming costume. Sorry guys this one is ladies only. **We will meet at the Porchester Spa at 10am. There are 8 free tickets available for each day.**

**Thursday 12th January - The Architects & Craftsmen of Fulham Palace, plus 4 tickets to special talk "The Angel in the Detail"**. Stiff Leadbetter, the first known architect to work at the Palace, remodelled the building in the fashionable Strawberry Hill style in the 1760's for Bishop Terrick. This exhibition will look at the different bishops and their architects who have transformed the Palace over the centuries, along with the different crafts used to embellish the building such as stained glass, plasterwork and mosaic. Plus The Angel in the Detail: Architectural Secrets of Fulham Palace – Examine the plasterwork, stained glass and carving that decorate Fulham Palace with Miranda Poliakoff, Curator. **We will meet outside Fulham Palace at 12.30pm, the talk is 2pm to 3pm. There are 8 spaces available, with four tickets available for the talk.**

**Thursday 19th January Evening event—Aroma Shepherds Bush—eat all you like Thai/Chinese Buffet**. So good, its been asked for again! Come and enjoy some lovely food and great company in this evening event. Large choice of vegetarian and meat dishes. **We will meet at Aroma Shepherds Bush at 6.30pm. There are 9 spaces available, £5 towards your food and buy your own drinks..**

**Friday 27th January The Radical Eye: Modernist Photography from the Sir Elton John collection—at Tate Modern**. This is a once-in-a-lifetime chance to see one of the world's greatest private collections of photography, drawn from the classic modernist period of the 1920s–50s. An incredible group of [Man Ray](#) portraits are exhibited together for the first time, having been brought together by Sir Elton John over the past twenty-five years, including portraits of [Matisse](#), [Picasso](#), and [Breton](#). **We will meet at Tate Modern at 1pm. There are 6 tickets at £5 each.**

**Thursday 9th February —The Queen’s House Greenwich** The Queen's House, jewel in the Greenwich crown, re-opens to visitors after over a year of extensive refurbishment, and celebrates its 400th anniversary with a major new art display. This exciting project has given Royal Museums Greenwich the opportunity to celebrate this internationally and historically important building for its quarter centenary. It has also enabled the House, in its modern role as the Museum’s prime fine-art venue, to showcase the National Maritime Museum’s outstanding art collection. **We will meet at Greenwich DLR station at 10.30am. There are 9 spaces available, entrance to the house is free.**

**Thursday 16th February—Evening Backyard Comedy Club.** Come and enjoy a good laugh with friends at this fabulous East London stand-up comedy venue showing new and well known talent. **We will meet in the ticket office in Bethnal Green tube station at 6.30pm. There are 7 free spaces available, for this show.**

**Thursday 23rd February - V&A Museum of Childhood** .Lets go for a walk down memory lane and explore this fabulous V&A museum in Bethnal Green east London. Various exhibitions to see all about childhood entertainment and toys. **We will meet outside Bethnal Green Tube station at 11am. There are 8 spaces available.**

**Friday 3rd March — Diana: Her Fashion Story at Kensington Palace.** Princess Diana will receive a 20<sup>th</sup> anniversary tribute with a fashion exhibition at Kensington Palace. The exhibition will celebrate how Princess Diana used her public image to champion causes that she cared about. Highlights include the pale pink Emanuel blouse worn for Diana’s engagement portrait by Lord Snowdon in 1981, and Victor Edelstein’s iconic ink blue velvet gown, famously worn at the White House when the Princess danced with John Travolta. **We will meet at Queensway Tube at 11.30am. There are 6 tickets available at £5 each**

**Thursday 16th March - Handal & Hendrix Houses in Brook Street. Handel House** occupies two floors of 25 Brook Street, the building in which the composer George Frideric Handel lived from 1723 until his death in 1759. The four restored historic rooms include his bedroom, and the dining room in which he rehearsed his musicians and singers and often gave informal recitals for friends and neighbours. **Hendrix Flat** occupies the upper floor of 23 Brook Street, in which Jimi Hendrix lived from July 1968 to March 1969. The main room of the flat where he lived, entertained friends, rehearsed and wrote new music, and gave numerous press and media interviews has been restored. A permanent exhibition introduces Hendrix’s place in the musical and social world of 1960s London, his influences and his legacy. **We will meet at Bond Street Tube at 1pm. There are 6 tickets available at £5 each**

**Thursday 30th March — The Royal African exhibition at Museum of London Docklands.** This new display tells the story of an African prince sold into slavery and his connection to one of the largest companies involved in the slave trade at the time, the Royal African Company. Founded in 1672 as a joint venture between the Duke of York, who was to become King James II, and leading merchants in London, the Royal African Company held a monopoly over the slave trade in West Africa. The company shipped cloth, guns and alcohol to West Africa in exchange for enslaved Africans who were then transported to Barbados and Jamaica. The Company shipped more enslaved Africans than any other English organisation during the entire period of that trade – nearly 150,000 people. This display focuses on the history of this company by telling the story of an African prince, William Sessarakoo, otherwise known as ‘The Royal African’ **We will meet at Tower Hill DLR at 11am There are 9 spaces available for this free exhibition.**

**Health Talk in March To Be Confirmed—** Back by popular demand **Maria Vlotides Herbalist** Q&A session for carers. All details will be confirmed nearer the time. Leave your name & number and you will be contacted nearer the time with details.

Please tell other carers you may know about **Time for Me** South Kensington & Chelsea. If you have any queries give Ashley a call on **020 8962 4141**. For North Kensington call Liz Butters on 020 8962 4536, for Westminster call Liz Sowden on 020 8962 4536. Don't forget to call and book your space for the activities you want to take part in and thank you for your time, support and participation in Time for Me

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**Kensington and Chelsea**