Thank You



Thank You





Meet Hester Jones, Ex-Open Age Staff and now Volunteer

Open Age caught up with Hester as she was working on a piece for her Masters in Creative Writing & Publishing. It's her second Masters. That's the kind of person Hester is. She is ever learning and giving of herself.

Hester Jones used to work for Open Age between 2013 and 2015 and then again between 2017 and 2019. She now lives by the Sea for very good reasons.

After her first two years at Open Age, Hester took some time out to go travelling around the world with her husband. Their tour that took them to various countries where they stayed for a time and helped local children's and wildlife charities take photos and produce films vital for documenting their work and conveying their cause. The time travelling also afforded Hester time to train as a Yoga Teacher.

Sadly, whilst in the Philippines, Hester was diagnosed with Breast Cancer and they headed home back to the UK for treatment. As life would have it, Hester was able to re-join Open Age once more after her treatment. An opportunity she was extremely happy about as she felt she was amongst family and this aided her healing.

An opportunity to start a new life by the sea meant Hester left Open Age for the second time. Once again, it was short-lived. Corona was upon us and Hester was keen to support her Open Age family. Thanks to her experience with the Link-Up Team and Phone Groups amongst other roles, and with her Masters in flight, Hester had the idea to offer her time and skills running a weekly Creative Wiring Phone Group.

Combing cancer treatment with a holistic lifestyle that has her looking inwards and outwards, by giving of herself to help others, has helped Hester manage her cancer and wellbeing. We, Open Age Members and Staff are the beneficiaries of Hester's generous spirit. She remains optimistic that she will get the all clear soon.

St Charles Centre for Health and Wellbeing | Exmoor Street | London | W10 6DZ | 020 8962 4141 | openage.org.uk

Open Age celebrates Hester this week and always for her commitment to Open Age. Her commitment as a member of the staff team – twice - and now in spite of her cancer diagnosis, as a member of our volunteer team. Hester must now stay home, like the Open Age Members who appreciate her weekly class.

Hester, on behalf of Open Age Members & Staff

Thank You

St Charles Centre for Health and Wellbeing | Exmoor Street | London | W10 6DZ | 020 8962 4141 | openage.org.uk